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VOICE Magazine

Vol. 10- Issue 6
April 7 - 28, 2010

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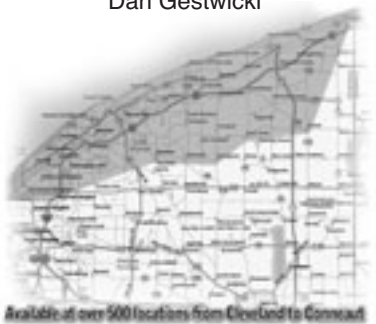
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MAILING ADDRESS
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LIVEWIRE



Cellar Rats Brewery is hosting the second annual Beer and Food Festival, "Beer on the Vine" set for Friday, April 23rd from 7:00-10 p.m. The evening will feature live entertainment, food, and hand-crafted beers. The festival will include other breweries from Northeast Ohio including Cornerstone Brewing Company, Fat Heads Brewery, and the Willoughby Brewing Company. Each brewery will be pouring their featured brews paired with a selected appetizer. Cellar Rats Brewery is a division of Debonne Vineyards. Advance sale tickets are only \$13 and can be purchased by calling Debonne Vineyards at 440-466-3485. Tickets will be \$16 at the door. See back cover for address and additional events.

Denny Carleton & Friends take The Fine Arts Association's Studio Stage on Saturday, April 10th from 6:30-8:30 p.m. This two-hour FREE event will be hosted by local singer songwriter and Fine Arts instructor, Denny Carleton. Josh and Leah Welker, Johnny Appledorn, Ed Mills and others will join Denny in performing the music of famous duos; Simon and Garfunkel, The Everly Brothers, Sonny and Cher, Lennon and McCartney and more. The Coffeehouse is free and open to the public. Refreshments provided by Bear Creek Coffee will be available for purchase. Onsite

parking is free and the Main Gallery is barrier free. Call The Fine Arts Association at (440) 951-7500 for more information or log on to fineartsassociation.org. The Fine Arts Association is located at 38660 Mentor Avenue in Willoughby on the campus of The Andrews Osborne Academy.

Rock and Roll Hall of Fame and Museum will host the 8th annual It's Only Rock and Roll Spring Benefit on Saturday, May 15 at 8 p.m. in the historic Public Hall. Performances will include Rock Hall inductee **Terry Sylvester of the Hollies** ("He Ain't Heavy, He's My Brother," "Long Cool Woman") **Tommy James and the Shondells** ("Mony Mony," "I Think We're Alone Now") **Gene Chandler** ("Duke of Earl," "Groovy Situation,") **Sheila E.** ("The Glamorous Life," "A Love Bizarre") **Mark Farner formerly of Grand Funk** ("I'm Your Captain," "Some Kind of Wonderful," "The Locomotion") and **MC Hammer** ("U Can't Touch This.") The house band will feature some of rock and roll's most talented musicians: **Ricky Byrd** (Joan Jett, Roger Daltrey) and **Jeff Carlisi** (.38 Special) on guitar; keyboardist **Rob Arthur** (Peter Frampton); **Liberty DeVitto** (Billy Joel) on drums and **Jeff Adams** (Starship) on bass. **Balcony tickets are \$15 and are on sale now.** Tickets can be purchased via phone at (800)

745-3000, online at ticketmaster.com and at the Rock and Roll Hall of Fame Box Office.

THE PHANTOM OF THE OPERA will play Wednesday, July 28 through Sunday, August 15 at PlayhouseSquare. The winner of seven Tony® Awards, including Best Musical, **The Phantom of the Opera** has been seen by more than 100 million people in 144 cities in 27 countries. Worldwide, the show consistently plays to larger audiences and in longer engagements than any other musical in history. Performances are Tuesday through Sunday evenings at 8:00 p.m. with matinees on Saturdays, Sundays, and Thursday, July 29 at 2:00 p.m. Ticket prices range from \$10.00 to \$90.00 and are available at the PlayhouseSquare ticket office (1519 Euclid Avenue) online at playhousesquare.org or by calling (216) 241-6000.

Budgie has a 40 year history of recording, touring and hard core rockin! On Monday, April 26th they will make their first stop in Cleveland since 1978. This show marks the Grand Reopening of the Cleveland Agora. Local legends The Rick Ray Band will open for Budgie. rickray.net Visit clevelandagora.com for ticket information.

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Subrosa 8:30 PM

Sat. Apr. 10th
Dave Hamilton 8:30 PM

Fri. Apr. 16th
Voyager 9 PM

Sat. April 17th
Skinny Moo 9 PM

Fri. Apr 23rd
Marion Avenue 7:30 PM

Sat. Apr 24th
Hogwash 9 PM

Fri. Apr 30th
Steve Jochum 7 PM

Sat. May 1st
Abbey Rodeo 9 PM

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EarthFest 2010
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Earth DAY COALITION

Celebrating 40 Years of Global Earth Day Events

On Sunday, April 18 at the Cleveland Metroparks Zoo from 10:00 am to 5:00 pm, Earth Day Coalition will present their 21st annual *EarthFest* celebration and *Walk or Bike for the Earth*.

The event is confirmed as the longest running Earth Day festival in the nation and Ohio's largest environmental education event.

This year, EarthFest also coincides with the 40th anniversary of the very first Earth Day event in 1970. Cleveland will join London, Mumbai, Sydney, Rio de Janeiro, Beijing, Tokyo, and a host of other cities around the world in showcasing climate change solutions and making a clear call to action. Earth Day Coalition's EarthFest 2010 will feature over 175 exhibitors working to create sustainable environmental solutions in areas like Clean Transportation, Renewable Energy, Green Home Improvement, Health and Wellness, and Local and Organic Foods. Other exhibit and activity areas will feature innovations in the non-profit sector, environmental science, and family-focused fun and education.

What's Up at EarthFest 2010:

The exciting unveiling of the new, permanent Rain Garden Exhibit in partnership between Cleveland Metroparks Zoo, North East Ohio Regional Sewer District, and Earth Day Coalition.

Welcoming ceremonies for EarthFest

start at 11 a.m. at the Zoo Amphitheater.

- Grab a free, reusable shopping bag.
- Family Fun Area with dozens of hands-on, eco-friendly arts, crafts, and activities for the whole family, including afternoon performances by Radio Disney.
- A dozen alternative fuel vehicles and clean transportation technologies.
- Participate in the Eco Safari.
- Join Earth Day Coalition and enter to win a Hybrid Aluminum Mountain Bike.
- Zoo will be effectively wind-powered for EarthFest 2010.

CLEVELAND METROPARKS ZOO

Improving the future for wildlife

Waterband along with many other top local musicians will entertain on stage all afternoon, plus roaming musicians, drum circles, tumblers, and much more!

Walk or Bike for the Earth: takes place in the morning of Sunday, April 18, prior to the opening of EarthFest. Registered participants receive free admission to EarthFest 2010 as well as refreshments and light food.

For those who "Walk for the Earth," registration and sign-in begins at 7:00 am at the zoo entrance.

From there, participants will embark on a 5-mile nature hike through the Brookside Reservation that will loop back to the zoo. Along the way, participants will learn about the zoo's composting and recycling projects, as well as nature preservation, water testing, and more.

The emphasis for this year's Bike for the

Earth will be on using bicycles as a commuter option, and bike leaders will provide free safety checks and lessons on commuting via bicycle.

Registration and launching points for the Bike for the Earth include:

- Shaker

in the Cuyahoga Valley National Park.

Admission: Regular zoo admission. \$10.00 for adults. \$7.00 kids. Under 2 free.

But there are many ways to save, including free admission for those who choose to ride the free-fare, RTA Clean-Air bus



- Square - 13201 Shaker Square at Dewey's Coffee Cafe
- Lakewood - 15108 Detroit Avenue at The Root Café
- Downtown - 1300 West 9th Street at Phoenix Coffee
- Canal Visitor Center, 7104 Canal Road at the intersection of Canal and Hillside Roads,

between Public Square and the zoo, or those who wish to take part in the educational fundraiser, "Walk or Bike for the Earth."

www.earthdaycoalition.org or call 216.281.6468.

Earth Day Coalition (est.1990) –

The mission of the Earth Day Coalition is to provide education, inspire leadership and encourage action for a healthy environment. Earth Day Coalition's year-round programs include: community pollution prevention and sustainable development with the Sustainable Cleveland Partnership student leadership development and service learning with the Student Environmental Congress reduced dependence on petroleum with the Clean Transportation Program; air pollution training and monitoring with

the Clean Air Program; and EarthFest, Ohio's largest environmental education event.

During other times of the year don't forget about northeast Ohio's most-visited year-round attraction, Cleveland Metroparks Zoo open 10 a.m. to 5 p.m. daily. Parking is free. Located at 3900 Wildlife Way, the Zoo is easily accessible from Interstates 71, 77, 90 and 480. To learn more, visit clemetzoo.com or call (216) 661-6500.

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 Sat 4-17: The Old Mill Winery-Lost Sheep Band 7-11
 Fri 4-23: The Harland Pub-Tracy Marie 9-1
 Sat 4-24: Spring Hill Winery-Lost Sheep 7:30-10:30
 Sun 4-25: The Old Mill Winery-Open Mic 4:30-7:30
 Fri 4-30: The Old Mill Winery-Juke Joint Junkies 7-11

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ENTERTAINMENT

Entertainment Fri & Sat: 7-11pm
 Sunday Open Mic 4:30-7:30pm
Fri, Apr 9: Bad Monkey
Sat, Apr 10: Alan Greene Band
Sun, Apr 11: Open mic
 with Tom Todd
Fri, Apr 16: Ernest T Band
Sat, Apr 17: Lost Sheep Band
Sun, Apr 18: Open mic
 with Brad Pethtel
Fri, Apr 23: Dashboard Jesus
Sat, Apr 24: Castaways
Sun, Apr 25: Open mic
 with Wags & Fred
Fri, Apr 30: Juke Joint Junkies

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Kitchen Hours: Closed Monday Tues - Thurs. 4-8pm Fri. 4-10pm Sat. Noon-10pm Sun. Noon-8pm

www.theoldmillwinery.com



AROUND THE WORLD IN THE GRAND RIVER VALLEY WINE REGION
A Progressive Food and Wine Pairing Event & Charity Event for Area Food Banks

The Winegrowers of the Grand River Valley are hosting A Progressive Food and wine Pairing Event will Aid Area Food Banks set for Saturday, April 24th. This progressive food and wine pairing event will be featuring the best European style regional wines this group has to offered paired with fine European-style, cuisine. This "drive yourself" event features five wineries all within 10 minutes of each other.

The Winegrowers of the Grand River Valley have been together for 7 years now. The group formed with the purpose to promote the Grand River Valley Wine Region-Ohio's own Napa Valley. The event takes place in Northeast Ohio at the following wineries: Debonné Vineyards, Ferrante Winery & Ristorante, Grand River Cellars Winery & Restaurant, Laurello Vineyards, and St. Joseph Vineyards. Patrons begin at any of the participating wineries and spend the day driving throughout the wine region tasting wines carefully paired with a hearty appetizer.

Each winery will feature two of their wines along with an ethnic food from their chosen country. Each winery is featuring a different European Country:

- Menu includes:
 Debonné Vineyards representing Slovenia with Slovenian Sausage & Kraut
 Ferrante Winery representing Italy with Carciofo alla Kalmata Eggplant Bruschetta served Oven baked on Ciabatta Bread.
 Grand River Cellars representing Ireland serving Reuben Pizza-Corned Beef, Thousand Island Dressing, Sauerkraut, & Shredded Swiss Cheese.
 Laurello Vineyards also representing Italy with Margarita Pizza-Fresh Mozzarella, Homemade Tomato Sauce and Fresh Basil.
 St. Joseph Vineyards representing Germany serving German Zwiebelkuchen-Onion Pie

"It's fun to enjoy an afternoon of wine tasting but when you taste wines that are perfectly paired with food, it makes it all that more special," says Cindy Lindberg from Grand River Cellars Winery & Restaurant. "The idea for this event came about as a way to showcase our internationally award winning wines with a very unique flair of pairing our locally grown wines with European style foods. In addition, adding the canned food drive helps us help our local food banks in the area. Each of the designated wineries picked their country of ethnicity to make it more personal," Lindberg adds.

The event takes place from noon-5 p.m. giving folks plenty of time to reach all five wineries. The cost is a minimal \$5 per person at each winery, which includes samples of wines paired with a hearty appetizer and recipes. Bring in a canned food item to each winery and take \$1 off your admission. All canned foods will be donated to the local food banks.

"This region is one of the fastest growing wine regions in the country right now and is centered between Cleveland and Erie making it readily accessible," says Nick Ferrante, chairman of the winegrowers group. "It is also prime location for growing grapes thus producing internationally award winning wines," he adds. The area is also home to many bed and breakfasts, lodges and hotels, covered bridges, restaurants, and much more. It makes a great reason to take a short and affordable vacation. If you haven't been to the Grand River Valley Wine Region, this event is a great reason to come and explore this wonderful destination.

If you would like more information about this event, call 440-466-3485 or go to wggrv.com for other events in the region visit ohiowines.org



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Sat. April 10: Chris Alleman
Fri. April 16: Smack the Frog
Sat. April 17: Ramm
Fri. April 23: Chris Alleman
Sat. April 24: Hatrick
Fri. April 30: Ted Riser

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Wine & Tomato Tilapia

INGREDIENTS:
 4 (4 ounce) fillets tilapia
 4 tablespoons butter
 salt and pepper to taste
 3 cloves garlic, pressed
 4 fresh basil leaves, chopped
 1 large tomato, chopped
 1 cup white wine

1. Preheat a grill for medium-high heat.
 2. Place the tilapia fillets side by side on a large piece of aluminum foil. Season each one with salt and pepper. Place one tablespoon of butter on top of each piece of fish, and sprinkle garlic, basil and tomato. Pour the wine over everything. Fold foil up around fish, and seal into a packet. Place packet on a cookie sheet for ease in transportation to and from the grill.
 3. Place foil packet on the preheated grill, and cook for 15 minutes, or until fish flakes easily with a fork. Open the packet carefully so as not to get burned from the steam, and serve.



Wine Cookies

INGREDIENTS:
 3 cups all-purpose flour
 1 teaspoon baking powder
 3 tablespoons white sugar
 1 cup dry red wine
 1/2 cup vegetable oil
 1/3 cup granulated sugar for decoration

1. Preheat oven to 350 degrees F (175 degrees C).
 2. In a large bowl combine the flour, baking powder and sugar. Add the wine and oil. Mix with a large fork and then with your hands.
 3. Roll small pieces of dough between hands to make "logs" then shape into circles. The circles should be no bigger than the 2 inches in diameter. Roll cookies in extra sugar and place on cookie sheet.
 4. Bake at 350 degrees F (175 degrees C) for 25 minutes or until slightly brown. After cookies cool they should be hard and crisp.

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 Starting 4/8 thru 5/13 Thursday night
 Penne Pasta for the Cure. 5-8pm
 \$5.00 for children under 12 and seniors and \$7.00 for adults.
 Nourish yourself on homemade penne pasta, meatball and side salad as you support finding a cure for Breast Cancer!

**ENTERTAINMENT
 FROM 7-10PM**
 FRIDAY 4/9 • Uncharted Course
 SATURDAY 4/10
 Joey Vanille (Four Kings Duo)
 FRIDAY 4/16
 Steve Howell
 SATURDAY 4/17 • TBA
 FRIDAY 4/23 • Jim Volk
 SATURDAY 4/24
 Stan Miller & Kelly Connors
 FRIDAY 4/30 • David Young



**FERRANTE
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ENTERTAINMENT

FRI. APR. 9 - TOM TODD
SAT. APR. 10 - LARRY SMITH
SUN. APR. 11 - DENNIS FORD
FRI. APR. 16 - MIKE WOJITLA
SAT. APR. 17 - RAMON LANDICCHIO
SUN. APR. 18 - DAVID YOUNG

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Sun., 4/11 - 2:30-5:30pm • MIKE WOJITLA
Fri., 4/16 - 7:30-10:30pm • WHOOZ PLAYIN
Sat., 4/17 - 7:30-10:30pm • FOUR KINGS
Sun., 4/18 - 2:30-5:30pm • MIKE WOJITLA
Fri., 4/23 - 7:30-10:30pm
ANDY'S LAST BAND
Sat., 4/24 - 7:30-10:30pm • LOST SHEEP
Sun., 4/25 - 2:30-5:30pm • LARRY SMITH EXPRESS

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LOU GRAMM

The former lead singer of Foreigner shares his incredible journey through life's challenges and yet he is still able to rock on!

By Helen Marketti

Photo Courtesy of Spectra Records

Lou Gramm spent 26 years as the front man of Foreigner. With a catalog that is an endless list of rock lyrics, his unique voice is heard on Urgent, Hot Blooded, Cold As Ice, Waiting For a Girl Like You, I Want to Know What Love Is, Head Games, Jukebox Hero, Feels Like the First Time, Midnight

Blue and so many more. Reminiscing about the early days and the songs that brought the band its signature sound Lou said, "The louder you cranked them, the better they sounded."

Curiosity raised the question of how the band got their name in the first place. "We had reached a point where we had enough songs written and we were trying to come up with names for the band," explains Lou.

"Every few days one of us would add names to the list. 'Trigger' was almost the name of our band, if you can believe that. Mick (Jones) came up with the name Foreigner because there were three British and three Americans in the band. It sounded cool and looked really nice in writing. The concept of it played well with the other guys in the group, too."

Lou continues, "I am very proud to have been part of that. It helped to shape me as a vocalist and songwriter. Through touring we met a lot of people in the record business and there are many things that I will always cherish." Lou still tours with his own band these days, The Lou Gramm Band that also includes his two brothers. He still plays the familiar hits. "We stay true to the original arrangements. I feel the songs were fine as they were. I want to remain true to the way they were written. So with my songs and a Beatle song or two thrown in, we have a good time."

Fans still flock to see the shows and hear the music. "I know that we (Foreigner) took great pains not to be a 'flavor of the week' type of band. We did not follow trends and we wrote songs that would not be out of style five or ten years later. We wanted the albums we recorded to stand the test of time."

While the accolades were nice for so many years, there was also a downside to being in a band. "It was the long tours," explains Lou. "The more successful an album is, the longer and harder the tour. Foreigner 4 was our biggest album and we toured for year and a half. We played five out of seven nights a week. I would be able to go home to see my wife and two children every four to six weeks and only be able to stay at home one or two days and then it was back on the road. I remember coming home from a tour and seeing my son, Matthew, who was three years old at the time. When he saw me, he started screaming and crying because he didn't even know who I was. It was like a dagger in my heart."

"People think that being in a band is drugging and partying. I believe that a lot of that comes from not being with your family,

not being with the ones you love. You're more-less self medicating yourself."

Life on the road along with the other demands of being in a famous rock band had begun to take their toll on Lou emotionally and physically. There were moments when he knew he had to do something for himself and finally there came a time when he took action. "There was a night in Manhattan that I knew I just couldn't go home nor continue with the way I was. I called a close friend who had been through what I was going through and wanted him to come and get me. He told me to stay where I was and he was on his way. I was on my knees for a good long time because I was asking for the Lord's help. I knew I couldn't do anything until then."

"I went away to a place called, Hazelden in Minnesota. I felt that life was becoming very promising again and didn't want to fall prey to that stuff under any circumstance. Most of the guys in the band were still partying pretty hard and I would find myself in the back lounge. I'd lock myself in there because I didn't want to see or smell any part of what they were doing."

His band mates were verbally supportive but were still "putting the lines on the mirror". "I was hoping they would abstain from that stuff, at least while I was in their midst," said Lou. "Instead of sitting and talking together, they would ask me to leave. I found it harder and harder to continue and it was one of the big reasons why I could not stay with Foreigner. I became a born again Christian in 1992. I finally had gotten rid of my drinking and drugging habits that had haunted me since the early days of Foreigner. I was sick and tired of being sick and tired."

With life seeming to come together and find its natural path for Lou, he was dealt another blow in 1997. "I was having severe headaches and long term memory lapses. It felt worse than a hang over. I had been clean and sober for five years so I knew I wasn't hung over."

Lou continues, "I remember picking up the phone to call my mom and dad at the same number they had for over thirty years and once I dialed the first three numbers, I



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could not remember the last four numbers. I had dialed their number a million times and now I had to look it up. That really shook me. I'd run into people at the grocery store who had been friends of mine for years and could not remember their names."

Lou first went to his doctor where a series of tests were done. "They diagnosed me with a brain tumor," said Lou. "It was on my frontal lobe and about the size of a large egg. They determined that it had been with me since birth. It had tentacles, one of the tentacles was wrapped around my optic nerve, and the other was wrapped around my pituitary gland. It was big enough to start playing games with my life."

"My doctor recommended another doctor for me to see here in Rochester. He said the tumor was so far along that he did not feel it was appropriate for him to operate. He sent me to New York City to another doctor and he also told me it would be very dangerous to operate. So I flew back home thinking that I was going to die. That night I watched a program that showed a doctor in Boston who was using laser treatments on tumors that were previously considered inoperable. I was mesmerized. I was on the phone with his personal secretary the next morning and explained my entire story to her. This was on a Tuesday and she asked me if I could fly to Boston the same day. That Thursday at 4:45 am, they wheeled me into pre-op and at 5:30 am, they put me under. The operation lasted nearly 14 hours. I remember waking up and feeling like I was dead. The doctor told me they got it all and I'll be ok but there was substantial damage done and my healing would be long and tedious."

"My adrenal glands are now defunct and my pituitary gland works about 30%. So I will have to take supplements for the rest of

my life. I had to take so much medication. The steroids really made me balloon up. I had trouble talking in complete sentences. I developed sleep apnea and crashed my truck in three head on collisions so I turned in my license."

With life seeming that it was one challenge after another, Lou has finally reached a point where the tide has turned. He is now off many medications, working out each day and losing weight. "It wasn't until 2004 that the fog started to lift," said Lou. "Life is better. I feel great."

Last year, Lou released a Christian Rock CD that has the rock and roll flavor without people feeling that he is sending a religious message. He has incorporated some of the material into his current set list. "I just introduce it by saying, "Now here's a song from our first album." I don't say anything about it being Christian or non-Christian or that I have a message for you. I just play the song as it is and people will either yep or nay it depending on what they get out of it. We have been met with more than polite applause," said Lou. "I had wanted to record a Christian CD ever since 1992 when I first went to rehab and gave my life to the Lord. I'm not trying to get people to change. It's what I needed to do to make my life worth living. It was something I promised myself that I would do. I would take my God given talent and gifts and give back."

For more information about Lou Gramm including his tour schedule, please visit: www.lougramm.com Listen at www.myspace.com/lougrammofficial

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What About Jazz?

The 31st Annual Tri C JazzFest is about to get under way. From the Kickoff Parade on April 15th at Tower City Center, through April 25th, there is a calendar filled with educational events and performances for all ages. There are more amazing shows and workshops associated with the JazzFest, than I can possibly list. So I've highlighted some of the major events in this article, which is a continuation from the previous issue. If for some unfortunate reason you no longer have the previous issue of "The North Coast Voice" visit www.northcoastvoice.com and look for the "What About Jazz" section, where you can find the details that you've missed.



For the most complete calendar of events, log onto www.triczjazzfest.com, where you

can find all the times, ticket prices and information you could hope for. Just look at this line-up!

- JazzFest Kick Off -
 Parade at Tower City Center
 April 15, 2010 5:00 pm
 Tower City Center - JazzFest Stage
 FREE
- Happy Birthday Henry Mancini!
 Friday, April 16 8:00 p.m.
 Allen Theatre at PlayhouseSquare
 Tickets \$65/\$50/\$40
- The Roots
 Saturday, April 17 8:00 p.m.
 Allen Theatre, at PlayhouseSquare
 Tickets \$45/\$35/\$25

After more than 15 years of critical acclaim and numerous awards, Philly natives "The Roots"

have consistently been lauded for their creative use of live instrumentation, thoughtful, intelligent lyrics and mesmerizing live shows, exploring everything from free jazz to hard rock to electro and hip hop. Nominated for six Grammys, and winning one for Best Rap Performance by a Duo or Group in 1999 for "You Got Me" with Erykah Badu, The Roots are currently the house band on NBC's Late Night, with Jimmy Fallon. To purchase tickets by phone, please call 216-241-6000 or 1-866-546-1353.

Jack Wilkins and the Cleveland Jazz Initiative Showcase
 Monday, April 19 7:00 p.m.
 Brothers Lounge
 Tickets \$15

Guitarist Jack Wilkins, a fixture on the international jazz scene since the 1970's, possesses a flawless technique and imaginative chordal approach, and has collaborated with many jazz legends including Chet Baker, Sarah Vaughan and Buddy Rich, among others. Wilkins teaches at The New School, N.Y.U., Long Island University, and Manhattan School of Music. Celebrating the creative skills of some of Northeast Ohio's finest jazz artists, the Cleveland Jazz Initiative (CJI) is a collective

of jazz musicians, educators and composers dedicated to supporting Jazz in and around Cleveland. Featuring a four-horn frontline plus a rhythm section, the CJI will perform a full set, highlighting the original compositions and arrangements of several of its members. Tickets sold through The Brothers Lounge in advance and at door. Call 216-226-2767

Smooth Jazz All-Stars
 Saturday, April 24 8:00 p.m.
 Allen Theatre at PlayhouseSquare
 Tickets \$45/\$35/\$25
 With an award-winning cast of vocalists and jazz instrumental favorites,

JazzFest's first Smooth Jazz All-Stars promises to be a stellar gig. Brenda Russell is the composer of the Grammy nominated "Piano In The Dark," which showcases her unique musical perspective and intimate voice. Russell and co-authors Allee Willis and Stephen Bray were nominated for a 2007 Grammy for the original cast album of the Broadway hit "The Color Purple."

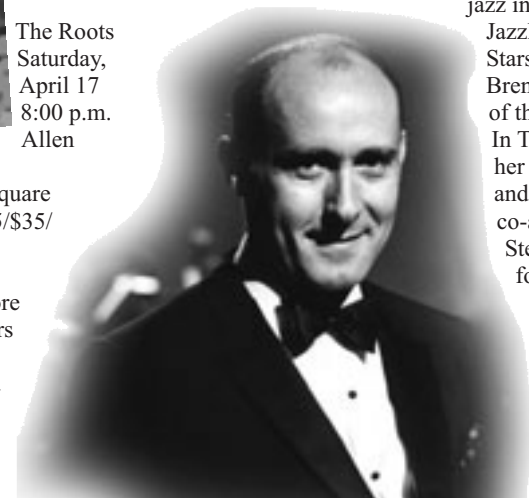
A favorite with urban jazz fans, Paul Taylor is an American jazz saxophonist who has released eight albums since his debut in 1995, including the 2007

disc "Ladies' Choice," his first #1 on the Billboard Jazz Chart.

R&B singer Phil Perry's first solo release "The Heart of the Man" included the hits "Call Me," "Amazing Love" and "Forever." Longtime smooth jazz favorite Richard Elliot first found fame as a member of the funk band Tower of Power, then hit it big with a solo remake of Percy Sledge's classic "When a Man Loves a Woman."

Charismatic Chicago-based guitarist Nick Colionne is known for his rich, sizzling mix of jazz, R&B, funk, blues and seductive vocals. At the 2007 Canadian Smooth Jazz Awards, he was named International Instrumental Artist of the Year. Musical Director Brian Simpson has toured with some of the greats of recent jazz history and has been the musical director for jazz saxophonist Dave Koz for the past 10 years. To purchase tickets by phone, please call 216-241-6000 or 1-866-546-1353.

Like I said, these are just a few of the major events. There are several workshops and performances hosted by some of Cleveland's top jazz artists. They take place at locations such as the East Cleveland Public Library and the Rock and Roll Hall of Fame, as well as the Tri C Campuses. Don't miss your chance to take part in one of America's most long standing Jazz Festivals.



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What Is JiuJitsu

By Gary Mason

JiuJitsu, karate, judo, moo goo gai pan . . . what are they? They're all different forms of martial arts (except the *moo goo*, that's a Chinese chicken dish!). The term *jiujitsu* is a misspelling of jujitsu that was popular in the 1930s and '40s. It was followed by *judo*, then *karate*, and finally by *gung fu* during Bruce Lee's heyday. Now jujitsu is again immensely popular. Some arts like karate specialize in striking and kicking skills. In contrast, jujitsu is much more comprehensive and covers a wide range of undeniably effective techniques including: all striking and kicking, grappling, throwing, self-defense, pressure points, traditional weapons, resuscitation and massage.

Jujitsu is the old system of combat used by samurai warriors in Japan. It is the original MMA (mixed martial art now known as UFC, cage fighting, no holds barred, etc.), but it had no rules, no referee, no gloves, no cage, no breaks or rounds. It was simply a question of survival. It was eventually formulated into what is now known as judo. In fact, up until the 1960s people in South America often referred to judo as *jiujitsu* and their techniques were virtually identical. The jujitsu used in MMA today has steadily evolved since it burst onto the martial arts scene. Originally it had no striking or kicking as found in karate, boxing, or muay thai (Thai Boxing), and no wrestling. As competitors were better able to defend against the grappling attacks of jujitsu, jujitsu was forced to adjust by adding more stand-up techniques (kicking and striking), wrestling, and *Sambo* (Russian judo). Historical jujitsu had two important distinguishing features: 1) their systems almost always included the use of weapons and unarmed defense against them, and 2) when an opponent was held down, for the sake of tying him up for capture or control, he was almost always held face down to prevent the use of weapons as a means to escape.

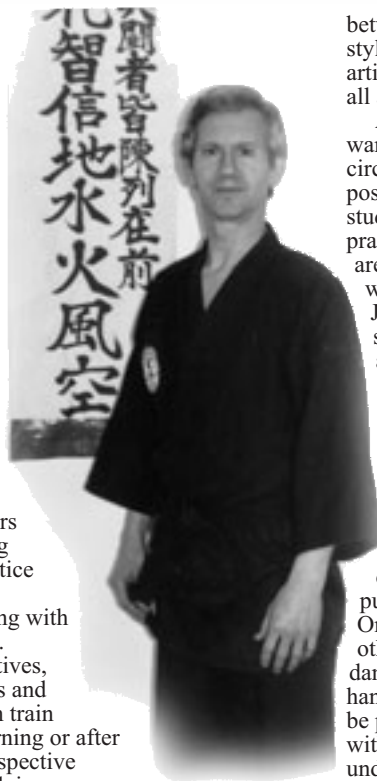
The many styles of martial arts may be Japanese, Chinese, Korean or some other ethnic form. To the ancient Greeks and Romans wrestling was considered a martial art. The word *martial* refers to *war* or *military*, therefore *martial art* refers to techniques that were originally intended for use on the battlefield. Nowadays, people study jujitsu and martial arts for different reasons including for exercise or weight-loss, for self-defense, optional competition, or simply for self-improvement. This last reason, *self-improvement* or *perfection of self*, is actually the ultimate goal of all traditional martial arts training. We learn how to fight in order to avoid confrontation, but if push comes to shove, we will end a fight in a heartbeat.

Traditional jujitsu has a philosophy and tradition based on actual, historical battlefield techniques, as opposed to the more modern, synthetic and often watered-down commercial versions of martial arts. The goal of traditional training is self-improvement. This is a far cry from the usual *Joe's Studio of Dance, Modern Mayhem & Instant Death* sometimes promoted by uninformed beginners. Competent martial arts training *does* provide self-defense skills, physical training and as an option the enjoyment of competition. However, its main purpose is nothing less than the perfection of the individual on all levels.

To the American mind it may seem ironic

that martial arts are so widely practiced in Japan, one of the safest countries in the world. But when one considers the other reasons for practicing these forms, their popularity is quickly understood. Japanese mothers send their young children to practice judo or *kendo* (Japanese fencing with bamboo sword). Japanese executives, doctors, lawyers and politicians often train early in the morning or after work in their respective organization's dojo.

If you are specifically interested in self-defense, look for a class that realistically teaches all aspects of self-defense. A real confrontation may be armed or unarmed. It may involve striking, kicking, throwing, or *grappling*, actual hands-on fighting whether standing or on the ground. A system that limits itself in any of these aspects cannot be considered 100% realistic or effective for real self-defense. International competitions



between experienced martial artists of all styles are consistently won by those martial artists that have comprehensive training in all aspects of martial arts.

A typical class will include a beginning warm-up period designed to promote circulation, stretch muscles and eliminate possible injuries. After the warm-up, students are usually paired-up for the practice of basic techniques. New students are sometimes hesitant about practicing with more experienced students (*senpai* in Japanese). There is no reason for concern since senior students are taught to help and encourage the junior or lower ranked students. It's like . . . you guessed it, *one big happy family*. A color belt system is helpful to instructors since they can easily determine a student's experience and therefore know which techniques he or she should be practicing.

During class, students will practice a number of responses to common self-defense scenarios such as wrist grabs, punching attacks, body holds, or chokes. One student plays the role of attacker, the other the defender. The more uncommon or dangerous threats involving knife or handgun disarms or multiple attackers will be practiced after students feel comfortable with the basics. All techniques are practiced under controlled conditions to avoid the possibility of injury. However, statistically, the number of martial arts related injuries is far less than in most other athletic endeavors. During class you may also engage in a variety of interesting and enjoyable special drills designed to develop specific skills. By being exposed to different body types in class – tall, short, light, heavy – and different levels of skill, technique and strategy, size and strength, the student gains valuable and realistic experience not

available in a private class. Finally, there is a light cool-down session so blood pressure and other physiological factors may return to their normal pre-class levels.

Whether Jujitsu or any martial art is offensive or defensive depends on the practitioner. In Japan they say *go no sen*, which basically means *offense is defense (or defense is offense)*. The only way to always be 100% defensive is to never be in any type of confrontation, to walk or run away, or to do nothing and be a punching bag for an aggressor. After many years of training we come to realize the paradox of martial arts training – that we train to fight in order to *avoid confrontation*. Through enhanced self-confidence and the projection of personal power, we are able to avoid conflict. We train for the sake of training, for the protection of self and others, and for self-improvement.

Gary Mason is a 6th Degree Black Belt in Jujitsu. A former overseas presidential bodyguard and instructor to the military and police here and abroad, he has over 30 years training including 6 years overseas (Japan, China, South America). For 20 years he was the personal training partner of Master Tetsuya Higuchi, 8th Degree Chief Instructor of the 40,000 member Tokyo SWAT Police and bodyguard to Japan's prime minister. He wrote the first article in English on Taihojutsu (Japanese Police Self-Defense) and he served on the Advisory Council for Who's Who in the Martial Arts Elite. In 1998 his team of students won 12 of 15 events at the national Han Wei grappling tournament. He teaches Tetsudokan Jujitsu at Lakeland College and for the HCER in Hudson. He can be reached for comments at jstrans1@yahoo.com, or search Tetsudokan Jujitsu on Facebook.

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Bluesville

■ ■ — By Cat Lilly

Legendary Rhythm and Blues Revue at Beachland Ballroom Monday, April 12th

Anyone who has attended The Legendary Rhythm and Blues Revue in the past knows that it promises to be a rollicking good time! This year's revue is headlined once again by Tommy Castro, and features Joe Louis Walker and Debbie Davies. Hometown boys Brickhouse Blues Band will kick things off, warming up the stage for three of the hottest contemporary blues acts in the country. Beachland Ballroom is located at 15711 Waterloo Road, Cleveland. Phone: 216-383-1124. Doors open at 6:00; show starts at 7:00. Tickets \$20 pre-sale, \$22 day of show, and \$15 presale from a Brickhouse Blues Band member; call Ron at **440-223-4360**

Tommy Castro

Tommy Castro is one of the most popular and creative blues artists to emerge



in recent years. He's gone from performing at a tiny San Francisco saloon to opening act on B.B. King's national tours and international acclaim as one of the most compelling artists on the scene. On his newest CD, "Painkiller," Castro teamed up with producer John Porter, known for his work with a Who's Who list of artists such as Los Lonely Boys, Taj Mahal, Keb Mo, Santana, Elvis Costello, and Buddy Guy. Said Castro, "When I started looking for a producer, I realized that John had produced some of my favorite records of the past ten years. After working with him in the studio, I understand now why that is. With John, everything just seems to be right, all the parts work and flow together."

Indeed, everything seems just right on "Painkiller." With the Tommy Castro Band (rhythm mainstay Randy McDonald on bass, saxophonist extraordinaire Keith Crossan, and drummer Chris Sandoval) anchoring the sessions, Porter has fashioned a most tasteful album from the many parts of Castro's patented rock'n'soul music. The CD will be on sale at the show — blues lovers will appreciate this charismatic and supremely talented guitarist, gifted vocalist, and engaging songwriter.

Joe Louis Walker
Multiple

Grammy and W.C. Handy Award winner, Joe Louis Walker is one of the most heralded blues artists of our time. He is a true powerhouse on guitar, unique singer and prolific songwriter who has toured the world and earned himself a legion of fans around the globe. He has recorded with the likes of B.B. King, James Cotton, Bonnie Raitt, Taj Mahal, Huey Lewis, Branford Marsalis, Steve Cropper, Shemekia Copeland, and Ike Turner, with a discography that counts 19 solo albums, and two live DVDs. Still recording and touring with a vengeance, Walker is already being referred to as a "living legend." However, as he says himself, "The best is yet to come!"

"Between a Rock and the Blues," the latest album from Walker, garnered him five nominations for the Blues Music Awards 2010, including Album of the Year, Contemporary Blues Album of the Year, Song of the Year for "I'm Tide", Instrumentalist-Guitar of the Year, and Contemporary Blues Male Artist of the Year. The Blues Foundation will present the Blues Music Awards at the Cook Convention

Center in Memphis, TN on May 6, 2010. Performers, industry representatives and fans from around the globe will have the chance to celebrate the best in blues recording and performance.

The album features guest appearances by label mate Duke Robillard and former "Tonight Show with Jay Leno" music director and guitarist Kevin Eubanks. Ten of the album's dozen tracks were produced by Duke Robillard and feature a core band of Walker and Robillard on guitars, Bruce Katz on keyboards, Jesse Williams on bass, Mark Teixeira on drums, Doug James on sax, Carl Querfurth on trombone and Sugar Ray Norcia on harmonica.

In many ways, Walker's story is unusual. Born in San Francisco (on Christmas Day 1949 and now based in Westchester, New York, he was part of the Bay area blues scene in his early teens, and by the time he was 16 he had soaked up the sounds of the likes of T-Bone Walker, Amos Milburn, and boogie woogie pioneers Meade Lux Lewis and Pete Johnson. As he grew up, he found himself on stage with such disparate tutors as John Lee Hooker, Thelonius Monk, the Soul Stirrers, Steve Miller and Jimi Hendrix. And by the time he was 19 he had built a close friendship — they were roommates for many years — with Mike Bloomfield. Bloomfield's tragic early death persuaded the young Walker to change his life. He enrolled at San Francisco State University, earning music and English degrees — and performing regularly with a gospel group, The Spiritual Corinthians.

In 1985, he came back to the blues, fronting a new band he called The Bosstalkers, and making the first of five albums for the Hightone label, before signing to PolyGram's Verve/Gitanes label, for who he recorded another six albums. These records served as an entrée into the European market. Sterling appearances at major festivals throughout Europe (North Sea Jazz, Glastonbury, Nottoden and Montreux among them) led to further tours and festivals in Japan, Australia, Taiwan, Ireland, Turkey and Brazil.

Along the way he played President George Bush's inauguration, helped President Bill Clinton induct B.B.

King into the Kennedy Centre Awards, and performed on America's most-watched late-night television shows. Both vocally and instrumentally, Joe Louis Walker is indeed a witness for



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the blues, and the creative, sometimes startling approach to America's most significant music holds a bright lantern for others to follow.

Debbie Davies

Debbie Davies rise to the upper echelon of blues music started at an early age when she absorbed the music heard constantly in her home. Her professional musician parents were either sitting at the piano or spinning discs on their turntable, filling the air with the sounds of big band jazz, harmony vocal groups, or the pop icons of the day. But the young Davies was partially attracted to the bluesier sounds of her father's Ray Charles albums, and by the age of twelve realized that her affinity for an instrument was not for the piano, but for the guitar. "She wields an electric guitar as if it were a wand," says the Los Angeles Times. "Davies' playing is extraordinary – full of propulsion and energy and melodic invention..." says People Magazine.

Growing up in Los Angeles in the 1960's, she found that being a female guitar player meant only one thing – acoustic guitar. Electric guitars were still toys meant only for boys. But when Debbie heard the sounds of the British blues-rock bands, particularly the electric guitar of Eric Clapton with John Mayall's Bluesbreakers, she became completely captivated. Going against the grains of society's accepted roles of the time, Debbie pursued her dream with the passion of an artist and the soul of a rebel.

Davies cut her teeth playing in blues and rock 'n roll bands in the San Francisco Bay area before returning to Los Angeles in 1984, where she landed the lead guitar spot in Maggie Mayall and the Cadillacs, an all-female band led by wife of British blues pioneer, John Mayall. In 1988 she was recruited by Albert Collins to join the Icebreakers, and for the next three years she was a featured guitarist performing behind one of the most innovative bluesmen of all time. "I stepped through a door into the real blues world when I joined Albert's band," Davies says. "It's one thing to listen to the records and pull off the licks, or sit in the audience watching these artists play. But actually going out and touring with one, turned the blues into something completely three-dimensional for me. I knew then what a special opportunity this was, but I know it even more now." During her tenure with Albert, Debbie was invited to perform on John Mayall's 1990 album, A Sense of Place, and in 1991 she recorded with Albert Collins and the Icebreakers on the Grammy nominated self-titled release.

In the summer of 1991 Debbie became lead guitarist for Fingers Taylor and the Ladyfingers Revue, which served as the opening act for Jimmy Buffett's "Outpost" tour. In 1993 she came out with her debut

solo release, "Picture This," on Blind Pig Records, which featured a cameo by Collins on "I Wonder Why." People like to ask Debbie if she learned her technique from Collins, to which she gently points out that she had to play well from the start to hold her own with Albert at every performance. However, the experience taught her lessons in being a better musician, both onstage and off. Says Davies, "It was the most powerful

band I had ever played with, so I learned to dig even deeper into myself to pull out the music. Albert was a man of so much grace and kindness, so I can only hope that I was able to absorb some of his humanity too."

Since 1993, Debbie has produced nine solo recordings and two collaborative CD's, one with guitarists Tab Benoit and Kenny Neal, and another with guitarists Anson Funderburgh and Otis Grand. The roster of other artists who have joined Debbie in the studio on



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www.brickhousebluesband.net

her recordings reads like a who's who of the blues: Ike Turner, James Cotton, Mick Taylor, Peter Green, Coco Montoya, Duke Robillard, Tommy Shannon, Chris "Whipper" Layton, Sugar Ray Norcia, Mudcat Ward, Charlie Musselwhite, Bruce Katz, Per Hanson, Noel Neal, and Rod Carey. She has received eight nominations for Blues Music Awards, and in 1997 won the award for Best Contemporary Female Blues Artist.

Her 2007 Telarc Records release Blues Blast was highly-acclaimed and is a pressure cooker recording that showcases her seasoned guitar and vocal capabilities. It includes guest appearances by three high-profile bluesmen: guitarists Tab Benoit and Coco Montoya, and harpist Charlie Musselwhite. A twenty-year veteran of the road, Debbie Davies is truly one of the leading lights on the contemporary blues music scene today.

Sean Carney at Wilbert's

Fresh from their West Coast Tour, The Sean Carney Band will perform at Wilberts on April 24, 2010. "The next big thing has already been around the block," a Canadian newspaper reporter wrote of The Sean Carney Band's impressive victory at the 2007 International Blues Challenge in Memphis, Tennessee, explaining that Carney and his crew are no newcomers to Blues.

The IBC is presented by The Blues Foundation, who also awarded 34 year-old Carney the Albert King Best Guitarist Award and Best Dressed in their 23rd annual competition, before an audience of 1,700 blues lovers from all over the world.

In 2010, The Sean Carney Band will perform in twelve countries, including debut concerts in Mexico and Czech Republic. A few upcoming highlights include Seven Nights To Blues (Lille, France), The Piazza Blues Festival (Bellinzona, Switzerland), The San Filipe Blues & Arts Fiesta (Baja California, Mexico), The Heritage Music Blues Festival (Wheeling, WV), The Calgary International Blues Festival and The Granville Hot Licks Blues Festival (Granville, OH).

Venue: Wilberts
Address: 812 Huron Road East, Cleveland, OH 44115-1123
Phone: (216) 902-4663
Website: www.wilbertsmusic.com
Show: 9:00 p.m.
Ticket price: \$10
www.SeanCarneyBand.com
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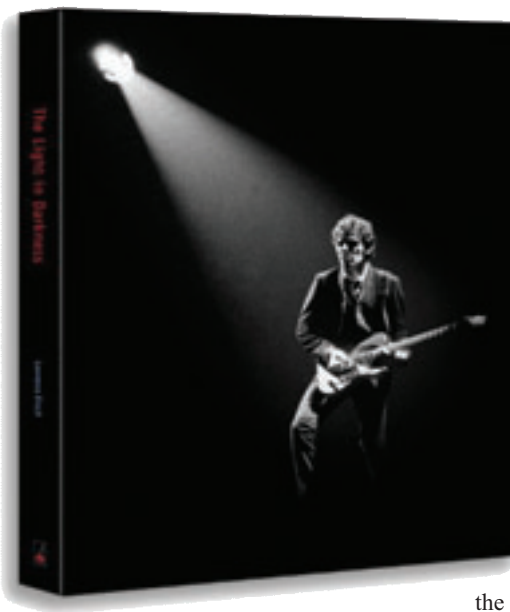


“The Light in Darkness,” takes a special fan-focused look at Springsteen’s 1978 “Darkness on the Edge of Town” Tour

“With “Darkness on the Edge of Town” Bruce Springsteen and the E Street Band took a stand at a time and place where everything was on the line,” writes Vike Savoth in the foreword to “The Light in Darkness.” “They were prepared to pay the price of hurtling headlong into rock and roll oblivion by walking away from the sound and look that took them to the heights of fame and fortune.”

With more than 200 photos and 100 original stories penned by Springsteen’s legendary fans, “The Light in Darkness” is a look at Springsteen’s fourth album, “Darkness on the Edge of Town,” from the fan’s perspective.

The Fan memoirs take the reader to another place in time. They are real stories depicting moments in their lives framed by



the music and the tour of 1978 that has never been forgotten. Some say it changed their lives.

Often overlooked in favor of other classic Springsteen records, “Darkness on the Edge of Town” provided a much rawer and angrier sound than anything Springsteen had done

previously. Coming at the end of a bitter, three-year legal battle with Springsteen’s first manager, the album’s darker sound was difficult at first for many fans and critics to grasp.

Despite that, it did not take long for the album to find its place in the hearts of his most ardent fans, many of who still cite it as



one of the best works that Springsteen would create.”

Despite the album’s darker tones, the accompanying tour was one the most raucous and energetic of Springsteen’s career. With more than 200 photos, “The Light in Darkness” shows Springsteen at his peak, bounding across the stage, leaping from pianos and wading into the crowd. With the 1978 tour, Springsteen began a tradition of epic, three-plus-hour shows, something so incomprehensible to fans at the time that many, thinking the show was over, got up to leave at the intermission. As Springsteen turns 60 this year, he continues the tradition of epic long shows that outdo all other musicians.

“It was like lightning flashing through the darkness and the band was the thunder,” writes Ron Wells. “I had never seen any performer so full of energy and joy. He was definitely on a mission. This was not just a gig for him; it was freedom and exhilaration personified.”

their favorite Springsteen album and continue to find comfort in its difficult messages.

“The songs on “Darkness” spoke to me personally,” said the book’s editor, Lawrence Kirsch. “Yes, the mood is darker than previous albums, but not entirely without hope. “Darkness on the Edge of Town” is pure, energetic rock and roll and

Chronicling some of his most famous shows, such as the Agora in Cleveland, The Roxy in L.A. and San Francisco’s Winterland Ballroom, “The Light in Darkness” brings to life some of the final concerts Springsteen would play in small venues.

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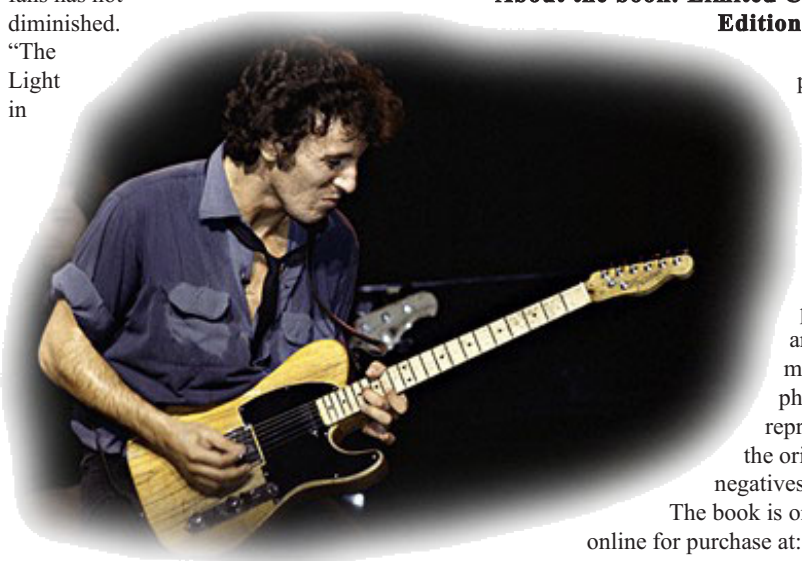
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"The book will give readers at least a small perspective of what we experienced in 1978," Kirsch said. "The connection and bond made between performer and audience during this tour set the stage for all future albums and tours to come."

More than 30 years later, the excitement and passion this album and tour invoke in fans has not diminished.

"The Light in



Darkness" brings to life the incredible connection fans have with this period in Springsteen's career.

With the amazing photography and detailed reminiscence, this book has the ability to engage anyone who picks it up. Those who have always been fans will be thrilled and those who were not will be educated and perhaps tempted to look a little deeper.
Sage Satori – North Coast Voice Magazine

About the book: Limited Collector's Edition

This 208 page, large format, 9.25" x 12" full-color book is printed on EuroArt Silk 200m paper stock and contains more than 200 photographs reproduced from the original negatives and slides.

The book is only available online for purchase at:

www.thelightindarkness.com

Recently added to the website is a look behind the scenes of the 1978 tour with Dick Wingate, the man who was intimately involved in launching the album and the tour.

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The International Holistic Lifestyle Expo

to be held at The Lodge at Geneva-on-the-Lake, April 17th & 18th

For the second year in a row, greater Ashtabula, Eastern Lake and Geauga Counties along with Western Pennsylvania businesses that serve the holistic market will have a collaborative forum to expose the masses to their products and services. The International Holistic Lifestyle Expo will be held at The Lodge at Geneva-on-the-Lake, April 17th & 18th, 2010.

The ever growing holistic segment of our population and their passion for the holistic lifestyle is what sparked Patricia Ann Dooms of *Feather Touch Wellness* and her

partner Timothy Brainard, *professional psychic-medium*, to embark on this journey. "There is simply no other event in the area for these businesses to help one another grow" Patricia explained. "I have the resources and the ability to make this happen and it has the potential to do amazing things for all people involved" she continued, "So many small business owners like myself have such valuable resources for people, but need assistance in connecting with the people that need us most. Last year's expo was such a successful event that, before

leaving, every vendor asked to be part of the next one. Visitors, as well, have been asking for details all throughout the past year about the next Holistic Lifestyle Expo!" After only one such exhibition, The International Holistic Lifestyle Expo has already become the Eastern Ohio/Western Pennsylvania premier event.

The Expo will once again this year, feature NAMA award-winning artist for "best world album", **Michael Searching Bear**. Michael is a great draw for the expo, as he is an accomplished world musician whose love for music and search for his Native heritage led him to the Native American wood flute.

Michael is a flute player with a "traditional" or "old" style sound. His flute playing incorporates many techniques that are unique to the traditional Native style. Barks, chirps, trills and other techniques which often mimic sounds heard in nature are not uncommon and weave their way through the melodies. "I've always played the flute this way", Michael states. "It's as if I have been inside of me all my life. This is how I have always heard the flute in my mind. I have a vague memory of certain sounds from my childhood. One of those was the flute. I searched for many years to find the instrument that was the sound I heard in my head, in my memories. Then one day I happened to be doing a search on the Internet, of all places, and came across a sound clip. I knew instantly that this was the sound I was looking for and so began my journey to find this instrument. It was the Native American wood flute and I've been in love with this instrument ever since."

Among the many vendors, and the ethereal sounds of Michael Searching Bear, the expo invites those who are interested, to participate in drum circles being offered throughout the entire expo weekend. Interestingly, though this was not planned last year, so many of the vendors benefitted from the drumming lead by Bob Sabo...from hypnotherapists being able to assist clients in reaching a trance state, to artists better able to demonstrate their various art forms, not to mention the advantageous effect the drumming had on the many healing facilitators.

The International Holistic Lifestyle Expo will serve as an opportunity

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for any small business, artist, crafter, or musician that targets the holistic lifestyle to reach out to the communities in the Eastern Ohio/ Western Pennsylvania area. While similar expos of this kind are elsewhere in the world, there is nothing like this in our area.

Businesses represented include those engaged in hand-crafted gemstone Jewelry, Health Products, Food Supplements, Aromatherapy Products, Crystals, Natural Soaps, Native American Products, Art, Holistic Practitioners, Healers, and Intuitive Readers, not only from the geographic area of Ashtabula County, eastern Lake County and western Pennsylvania, but also many from other parts of our state, other states, and even overseas. "We want this event to reach out to a world desperately in need of healing and spiritual direction, and to present it in such a way that it is entertaining and fun just to be part of!" Patricia explained.

Michael Searching Bear

SPIRITUALIST CHURCHES

*Barbara Saiter
Andrea Zwegat*

10. COMFY CANINE & A BALANCING TOUCH
*Patricia Holcomb
Canine massage and shiatsu massage*

11. WORLDTRENZD LLC

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12. THE BIOMAT CO.
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13. BRENDA CARTER
Polarity

14. VICKI LIUZZO
Healing Energy, Qigong

15. JEANNE HALL
Quantum Biofeedback

16. A DIFFERENT WAY

Crystals, rocks, and gems

17. YVONNE HUGHSON
Spiritual readings

18. JENTO SOAPS
*Jennie Binney
Home-made soaps, lotions, creams, balms, butters, neck-warmers, crochet purses and rugs*

19. COMFORT FOOD FOR THE SOUL
*Diane Martucci
Home-made, all natural, food items*

20. BOB & JACQUIE HEATH
Cayce past Life Reports

21. S. PERRY RUFUS STUDIO
Sue Perry Rufus - Original Feather Art

22. GENEVA SPINAL HEALTH
*Dr. Kenneth McLeod
Dr. Danielle Duong
Chiropractic, acupuncture, sports medicine*

23. NATURAL OPTIONS AROMATHERAPY
*George Cox
Aromatherapy oils, blends, creams, bath salts, Ionic Detox machines and sessions*

24. JD ARICCHI
*Spirit Drawing—Intuitive charcoal with reading/interpretation
Spirit art—Intuitive art prints and special orders for commissioned pieces*

25. EMILY LICATE
Reiki Master - Reiki Healing sessions

VENDORS' LIST

- 1. THE RELAXATION STATION**
Deb Craven, Julie Beal Massage, bodywork, energy work
- 2. JEROME MASEK**
"Time for Change" Hypnotherapy
- 3. BOB SABO**
Drum circles—what they are, types of drums, and healing uses.
- 4. NOEMA GEMS**
Angela Schanfish Jewelry, gems, precious stones
- 5. FEATHERTOUCH WELLNESS LLC**
*Patricia Ann Dooms
4-Directional Healing, numerology, FeatherTouch Creative Offerings (aura cleansing products, feather wands)
Chair massage
Gano Excel [Healthy Coffee] products*
- 6. ASHTABULA WELLNESS & TOTAL LEARNING CENTER**
*Susan Deak and associates
Compass assessments, massage, literature distribution*
- 7. TIMOTHY BRAINARD**
Intuitive Reader and Medium
- 8. RUNNING BEAR'S NATIVE CRAFTS & CUSTOM LEATHER TOOLING**
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 Shari Lynn - Jewelry, crystals

28. REV. MARY J. NEMETH
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29. WOMEN'S JOURNAL
 Lake, Geauga, and Ashtabula County
 Women's Journals

30. NATURAL REMI-TEAS
 Marion Gray
 Available at Michael D'Amico booth

31. EMERGENCE MIDWEST
 Mark Long / Richard S. Hlavaty
 Book display, information on unusual
 phenomena, Transmission meditation

32. MICHAEL D'AMICO SERVICES
 Videographer, specializing in
 metaphysical business videos

33. OUR SACRED EXPRESSIONS
 Sandy Wilcox / Bob Dwenge
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 Crystals

34. KERI'S ENCAUSTICS
 Carrie Oldani - Encaustic art is one of
 the world's oldest art forms, making
 one of the art world's newest
 comebacks. Learn more about encaustic

art, and Carrie Oldani, who brought the
 technique to the Northeastern Ohio
 area. To get a glimpse of Carrie's
 watercolor art, please notice the
 FeatherTouch Wellness logo, as well as
 the IHLE logo.

**35. GIOVANELLI'S STAINED
 GLASLIPPER**
 Mary Lou Giovanelli - Original stained
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36. EARTH'S NATURAL TREASURES
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medium

**LECTURE SCHEDULE SATURDAY
 APRIL 17TH**

10:15~10:45 Spiritualist Churches
 "The Ascended Masters", with Andrea
 Zwegat.

11:00~11:30 Jerome Masek
 "The 4 Ts: Test, Trance, & Tidy Up"
 Jerome, who has had more than 500 client
 sessions, will demonstrate 3 client "tests",
 and time permitting, lead a short group
 hypnosis session.

11:45~12:45 Dr. Jay Riedel
 "Is Poor Nutrition the CAUSE of all
 Diseases?"

1:00~2:45 George Cox—Natural Options
 Aromatherapy
 Aromatherapy Workshop:

A fun, "hands-on" class, focusing on the
 simplicity of aromatherapy. Humor is used
 to keep the class light, interesting, and still
 be informative. You will learn how to use
 aromatherapy to assist issues including
 sleeplessness, psoriasis, restless leg
 syndrome, hot flashes, lack of energy or
 focus, sinus problems, arthritis, fibro, &
 depression.

3:00~3:30 Carrie Luke The "BioMat"
 Explanation of the BioMat and its delivery
 of Far Infrared and Negative Ion
 Frequencies to the core of the body. These
 quantum energetic aid the body in breaking
 apart free radicals, increased oxygenation
 and circulation, reducing stress and
 inflammation, and is incredibly
 restorative.

3:45~4:30 Bob & Jacque
 Heath
 "The Akashic Records and
 You"

How these records of all
 time affect us and where
 they are located. Based
 upon the Readings of
 The Sleeping Prophet:
 Edgar Cayce.

4:45~5:15 J:D Aricchi
 "The Art of Intuition"
 Join artist J:D as he
 explains the intuitive
 aspect of his art.

**LECTURE
 SCHEDULE
 SUNDAY,
 APRIL 18TH**

10:15~10:45
 Anne Bartlett

"Introduction to Medical Intuition"
11:00~11:45 Patricia Ann Dooms & Jane
 Williams
 "Treasures in Jars of Clay"
 Recognize the power of the 'treasures' that
 unite us, and the connectedness we share
 despite the weightiness of our individual 'jars
 of clay'. We will take this time to assist you
 in making the connection between the
 meaning and purpose found in our own
 names, to the wonderful spirits that we are in
 this place, and the gifts we bring to this time.
12 noon ~12:30 Jeanne Hall
 "Quantum Biofeedback"
 The SCIO-Quantum Biofeedback is the
 Ultimate Stress Reduction and Pain
 Management System. It is leading the field of
 Bio-Energetic and Bio-response
 measurement, now entering its third decade.
12:45~1:15 Emily Licate "Welcome to the
 Gift of Reiki"
 Take a moment to "quiet" your mind, body
 and soul!

1:30~2:00 Geneva Spinal Health
 "Acupuncture"
 History, clinical applications, tests and
 treatment using this ancient medicine.

2:15~4:00 George Cox
 Aromatherapy Workshop:
 A fun, "hands-on" class, focusing on the
 simplicity of aromatherapy. Humor is used to
 keep the class light, interesting, and still be
 informative. You will learn how to use
 aromatherapy to assist issues including
 sleeplessness, psoriasis, restless leg
 syndrome, hot flashes, lack of energy or
 focus, sinus problems, arthritis, fibro, &
 depression.

4:15~4:45 Jane Voneman-
 DuPerow"
 "Tuning into your Spirit
 Guides"

Jane is the author of *Tune
 Into the Magic Within*, and
 hosts her own television
 show in Avon Lake.

For additional
 information please contact
 FeatherTouch Wellness /
 Patricia Ann Dooms at 216-
 319-0584, e-mail:
 feathertouch8@att.net or
 visit:



Patricia Ann Dooms

Music by MIKE WOJTILA

PUBLIC APPEARANCES

Sunday, April 11 • 2:30-5:30
 The Winery at Spring Hill • Geneva
 Honoring: Joe & Marilyn Simak

Tues. April 13 • 6:00-9:00
 Vittorio's Ristorante • Wicklife

Thurs. April 15 • 7:00-10:30
 Pipers Three • Broadview Hts.

Fri. April 16 • 6:00-9:30 Ferrante Winery

Sun. April 18 • 2:30-5:30
 The Winery at Spring Hill • Geneva
 Honoring: Matt & Shirley Forman

Thurs. April 22 • 7:00-10:30
 Pipers Three • Broadview Hts.

Thurs. April 28 • 7:00-10:30
 Pipers Three • Broadview Hts.

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A Buzzard Book Memory



By John Gorman

August 9, 1978, was one of the greatest nights in the history of rock and roll in Cleveland. It was the night of **Bruce**

Springsteen & the E Street Band's legendary free **WMMS 10th Anniversary Concert** at the **Cleveland Agora** on East 24th. We drew postcards from listeners to give away almost 1,200 tickets. We knew this was a major event for us, our listeners, and the other stations simulcasting the concert in an ad hoc network set up with stations in Detroit, Pittsburgh, Chicago, St. Louis, Columbus, and Cincinnati.

The air was literally electric – muggy and rainy outside, with summer lightning crackling, and fans jamming the Agora entrance almost two hours before show time. Because it was a general admission show, some had slept on the sidewalk the night before in hopes of landing a front row spot for the show.

They whistled, they clapped, and chanted in the background as Denny Sanders signed

THE WMMS 10TH ANNIVERSARY CONCERT WITH BRUCE SPRINGSTEEN & THE E STREET BAND – LIVE AT THE CLEVELAND AGORA!

on the broadcast to welcome the radio listeners. Kid Leo did the on-stage introduction, “I have the duty and the pleasure of welcoming, ladies and gentlemen, the main event. Round for round, pound for pound, there ain’t no finer band around – Bruce Springsteen and the E Street Band!”

The show went on for twenty-one songs in two sets, and an encore ending in *Raise Your Hand*. “I’d like to thank Cleveland for supporting us,” Springsteen said. “When we came here, we got some respect.” The

broadcast ended past midnight, after more than four hours. Leo read the credits but fully expected Springsteen would do one more encore. Springsteen, nearly spent, returned one more time for a surprise encore of *Twist and Shout* for the Agora crowd. It wasn’t carried live, though we broadcasted it later.

The broadcast was flawless, which might explain why Columbia Records never released it as an album. The radio audience was estimated at three million, and the show was one of



Springsteen’s most-recorded, most-bootlegged, and most downloaded. Bruce Springsteen was our most played artist for many years and that **WMMS 10th Anniversary Agora** show one of the most requested and most repeated of all **WMMS** concerts in our archives.

E Street Band drummer **Max Weinberg** once called it the best show the E Street Band ever did. One of the best complements I got came a few years later from **Bob Seger**, backstage at an **Eagles** concert at the Coliseum. He said, “Man, I heard the concert you guys put on with Springsteen. That was the greatest rock and roll show I ever heard.” He told me he was one of the listeners who ran to his tape machine to

record his own copy. Seger met Springsteen for the first time six days earlier when he played Pine Knob in suburban Detroit.

Springsteen returned to the Agora just three weeks later to play a three-hour show at the Coliseum. Coincidentally, the E Street Band were booked at the Coliseum the same evening of an accidentally-on-purpose booking of another Springsteen-connected Jersey Shore band – **Southside Johnny and the Asbury Jukes**. The **Jukes** headlined a **WMMS Night Out at the Agora** on Thursday, August 31, 1978 – the day before the long Labor Day weekend. After the Coliseum show ended, **Springsteen and the E Street Band** made an unannounced midnight run to the Agora – At the conclusion of the **Southside** show, the surprise guests appeared – **Bruce, Miami Steve, Clarence, and other E Streeters** – taking the stage to perform with **Southside Johnny and the Ashbury Jukes**, and jammed for three songs: *The Fever*, *I Don’t Wanna Go Home*, and *Havin’ A Party*.

Over the last few years, the **Southside-Springsteen** video from that show found their way into cyberspace. Just in case you haven’t seen them – Go the buzzardbook.wordpress.com and type in “Bruce Springsteen” and scroll down until you see it. Michael Norman’s Cleveland.com WMMS feature includes the Springsteen show intro.

For more on the legendary WMMS 10th Anniversary Bruce Springsteen concert, turn to Chapter 15 in *The Buzzard*. **The Buzzard: Inside the Glory Days of WMMS and Cleveland Rock Radio--a Memoir** by John Gorman is available at Amazon.com.

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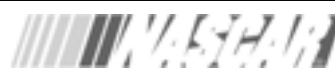
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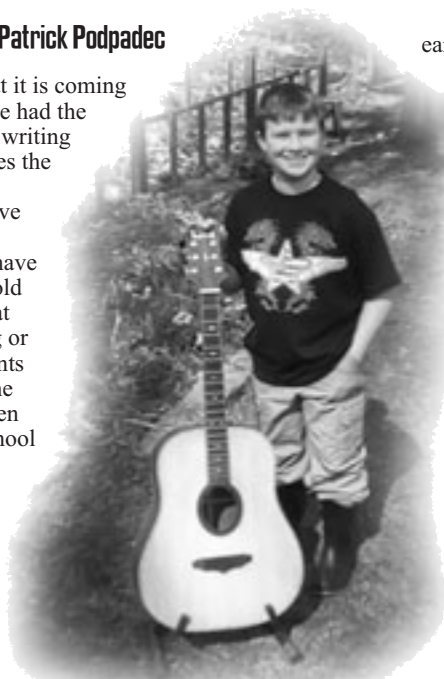
Food & Drink Specials!



STAY IN TUNE

By Luthier Patrick Podpadec

Can you believe that it is coming up on 1 full yr. that I have had the wonderful experience of writing these articles? Where does the time go? I hope that the articles I have written have been a good source of information for all who have read them. I have been told by quite a few people that they have learned a thing or two about their instruments and that always makes me smile. I have recently been approached by a high school student that was looking for some guidance in his quest to build an electric guitar for his woodshop class. How cool is that! I can remember wanting to build a guitar myself even back as far as my high school days, but unfortunately there was not anyone in the vicinity that I knew of, to ask about how to go about it. I could only find 2 or 3 books on the subject back in the



Son Liam with nearly finished show guitar.

early 70's. At that time the art of lutherie still had this "mystical" secrecy about it. If you were lucky enough to find someone with some experience in building or repairing guitars it was often hard to talk them into teaching you anything. I never knew exactly why that was it just seemed to be that way. Well, that has all changed. Today there are literally hundreds of books, articles, websites, periodicals and even local entertainment magazines that you can find information regarding the art of instrument making. I received an email the other day from someone that is hosting a new site called

guitarbench.com It hosts luthier's creations and many other guitar related articles. This

site is going to be one of the main venues that is promoting the "Sonic Sitka" project that I'm involved in. It will be a place where all of the luthiers involved in the project can post pictures and info on their guitars. I would like to give the readers of the North Coast Voice a small preview of my "near finished" guitar even before I send it off to anywhere else.

The guitar is now patiently waiting for the lacquer to dry between coats. The anticipation is driving me crazy! I want so desperately to hurry up the process so that I can hear it being played. But this is the point in the building process that is probably the most important time to be patient. It's very critical to let the lacquer properly "cure" so that it does not excessively shrink after you have buffed it out. The recommended time is 4 to 14 days after the final coats of lacquer have been applied. (the latter being the more preferred) Unfortunately I will be somewhere in about 7 days tops to let my guitar cure before I have to get it ready to take to the show in Florida.

This is how the finishing process is accomplished: You first start out by sanding the entire guitar with 220 sandpaper to remove any and all scratches that you have previously made. You would then fill the

back and side wood (mahogany, rosewood, walnut and many hardwoods) with a filler compound that levels out the tiny "pits" that are visual in the grain. This is not necessary in woods such as maple or sycamore because they don't possess the tiny "pits in the grain" patterns like other hardwoods do. If the imperfections weren't filled you would have to apply too many coats of lacquer to get the finish built up enough to be able to fill the tiny "pits". There are a few different types of filler, but the easiest is actually to use drywall compound and stain it with water soluble pigment to match the color of wood that your filling. It's best to try to tint the compound a shade or two darker than the wood because if the filler is too light in color it starts to take on a polka dot look to the wood. A little bit "spotty". You just work a small amount of compound into the grain by rubbing it across the grain. After allowing it to thoroughly dry (about an hour), you can lightly sand off the excess with 220 sandpaper. Be careful not to sand all of the compound out of the tiny impressions. You then spray two "thinned" coats of lacquer about ten minutes apart (thinned 1:1 lacquer/lacquer thinner). After about 1 or 2 hrs you lightly sand with 320 to 400 wet/dry paper with a liberal amount of water as the lubricant, being very careful not to let the paper load up with gummy up lacquer because at this point it is still very soft. It's not critical that you get this coat perfectly flat because it is more of a wash coat to get started. You can at this point start to apply what is called the "build" coats. This is a mixture of about 3:1 and that is you add about 25% of lacquer thinner to the lacquer. You spray two "wet" coats within about a ten minute interval, first coat up and down and the second coat back and forth, trying to keep a steady movement of the spray gun to avoid any excessive build or possible runs. After about an hour this can be very lightly sanded flat with come 400 grit wet/dry paper, (again with water as a lubricant). Repeat the two "wet" coats again and let it stand undisturbed for 48 hours. After sanding the last 2 coats of lacquer flat you can proceed with another 4 coats just like before and let it sit again for 48 hrs. At this point if you're lucky (or skillful) you should have enough "build" to proceed to the final coat. This is usually thinned about 33% with a slow drying thinner known as a retarder so that the lacquer will flow out nicely, which results in a very flat and glossy finish with little buffing to bring it up to a brilliant high gloss finish.

Please look for more pics and info on My Facebook page or the guitarbench.com site for more info on mine and many other guitar makers from around the country. Like my good friend used to say "Keep on Smiling" and we'll see you next time!

Thanks Again!
Patrick from Wood-n-Strings



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CD REVIEW

By Jasper

INTRA The Glory of the Imperfect

Boulevard Records
Genre – Eclectic, Progressive,
Art-rock

INTRA – Verb: to enter.
Adverb: within; inside. Noun:
An ethereal Northeastern Ohio
band playing the underground
music scene for 30 years
performing an eclectic repertoire
of sophisticated original art-rock and pop
tunes for a modern world. Their latest 14-
track release, *The Glory of the Imperfect*,
is now available for your deep
contemplating listening
pleasure. Entering straight
to your Cerebral cortex
constituting layers of
thought provocation,
into a continuous
stream of
consciousness, and
colorful sounds of
artistic musical
reception, its poetic
philosophical
wisdom represents
*that if life were
perfect, we would
cease to strive for
greatness.*

If you were to ask me what it might be
compared, to I would say something like:
Yes meets Dave Matthews meets Pink Floyd
(note bands with exceptional lyrics), and
with a hint of Tubular Bells. This is an album
that can put you into a dreamy state of
reverie that transcends you flowing to a
celestial paradise. There is the rockier side
of the CD as well a slight jazz feel within it.
I'll get to that later.

Opening with a short spoken narrative,
Traveler, opens the door to the "world in a
box" we've created and asking "*Where are
you heading ...does anybody really know?*"
then segueing into *Rules*. An up tempo,
catchy track with lyrical insight: *Make a life,
not a living; the truth is the giving; the
message is the knowing; the journey is the
going.*

There are other pieces of short spoken
narratives interjected at strategic intervals to
give the entire album a "coffee house/beat
poet" feel. Some little "sets" implanted
along the way such as *Lake Effect- Lady in
White* (excerpt) - *Water Water - Beneath the
12th Moon of Fantasy* comprise a water-
themed suite, if you will.

As I mentioned earlier about a rockier
side to the CD, there is a familiar guitar riff
toward the second half of *The One Tree
Forest* that lays down the foundation for a
nice instrumental jam. *Spring Anticipation*
has a jazz improvisational melody with
Christine Dorbish, from *Mifune*, as
guest vocalist. This track has a lot to offer in
a song which is why it's my personal
favorite.

Flipchart Moses is a short concept
narration with some really cool bass licks
setting the tone for some profound spoken
words. *Freedom of Will* closes out the CD
with some words of wisdom *Speak with the*



voice that's given you. It
ends with a "record
scratch" effect at the end
to dramatically finish the
listening experience.

INTRA was founded,
inspired, and held
together by singer
songwriter and guitarist
Ray F. Tomorowitz who
encourages his band
mates to share in with
their creativity to give
the songs life. "No

matter what happens in my on-
going pursuit of this elusive muse, nothing
can take away the joy of playing a song
when it all comes together, and you know
you're exactly where you're supposed to be,"

he has been profoundly
quoted. "I feel very
fortunate to have
been able to
attract other
'travelers' on my
journey."

I don't know
if I would
consider them
"underground"
or not, maybe
during the 70's
or possibly the
80's. But today,
with all of the well
seasoned

musicianship and well written songs, not to
mention special guest appearances, Intra has
paid their dues and should be considered one
of the finest bands on the North Coast.
When I hear the term "underground", I think
of an anti establishment, unheard of group of
players forming a cult following that remains
within their clique (remember, Pink Floyd
was once considered an underground band).
If they have the light show to go with the
music, this band could draw a huge audience.

"This CD was a two year labor of love,"
Ray explains. "We feel it honestly represents
where INTRA is at this point in time." *The
Glory of the Imperfect* is available at CD
Baby.com, or you can email Ray at
rayzerramon@yahoo.com. for more info.

INTRA will be appearing at **The
Barking Spider** Friday April 23rd at 8pm.
They will also be the featured band on
WJCU-FM Thursday, April 15th, on "Taking
Up Space" from 9:30pm to 11pm. Visit
INTRA's website at www.intratheband.com
to learn more about them and their
discography.



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SAT. APR. 17: TIME MACHINE

FRI. APR. 23: ARMSTRONG BEARCAT

SAT. APR. 24: ALLIES

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HIGHLIGHTS FROM THE 34th CLEVELAND INTERNATIONAL FILM FESTIVAL

FACTS AND FIGURES

- Attendance of 71,554 (a 7% increase over the 33rd CIFF and more than a 100% increase since 2003)
- 153 feature films
- 152 short subjects
- 84 countries of origin
- Over 100 visiting filmmakers and other guests from around the world
- 151 sponsors and funders
- 85 community partners
- 73 media sponsors
- 44 college and university outreach partner campuses
- 200 college ambassadors
- Approximately 5,000 FilmSlam high school student attendees
- 115 staff members
- Over 400 volunteers
- \$34,000 Challenge Match raised more than \$52,000
- 1.5 tons of waste was diverted from landfills through composting and recycling
- Celebrity sightings: Actress Jennifer Coolidge and Musician Dee Snider

FEATURE AWARD WINNERS

- **ROXANNE T. MUELLER AUDIENCE CHOICE AWARD FOR BEST FILM**
(sponsored by Cleveland Magazine)
Louder Than a Bomb
Directed by Jon Siskel and Greg Jacobs (USA)
- **GREG GUND MEMORIAL STANDING UP FILM COMPETITION**
(endowed by The George Gund Foundation with a \$5,000 cash prize)
Louder Than a Bomb
Directed by Jon Siskel and Greg Jacobs (USA)
- **AMERICAN INDEPENDENT AWARD**
(with a \$2,500 cash prize)
Harvest
Directed by Marc Meyers (USA)
- **CENTRAL AND EASTERN EUROPEAN FILM COMPETITION**
(sponsored by George Gund and Iara Lee with each winner receiving a \$5,000 cash prize)
Hipsters
Directed by Valery Todorovsky (Russia)
- **Honeymoons**
Directed by Goran Paskaljevic (Serbia/Albania)
The three jurors this year were: Russ Collins, Peter Knegt, and Harun Mehmedinovic
- **NESNADNY + SCHWARTZ DOCUMENTARY FILM COMPETITION**
(sponsored by Nesnadny + Schwartz with a \$5,000 cash prize)
Marwencol
Directed by Jeff Malmberg (USA)
The three jurors were: Aron Gaudet, Ryan Harrington, and Debra Zimmerman

SHORT SUBJECT AWARDS

- **Cleveland State University Audience Award for Best Short Film**
Lights
Directed by Giulio Ricciarelli (Germany)
- **The Rice Hershey Memorial Award for Originality**

(sponsored by Bill Markstrom)

- **Expiration**
Directed by Mark Nickelsburg (USA)
- **The Clover and Maggie Award: In Celebration of Life**
(sponsored by Barbara Hawley and David Goodman)
The Best Part of My Day
Directed by Benjamin Dewhurst (USA)
- **The Jesse Epstein Humanitarian Award**
(sponsored by Kodak Motion Picture Film)
Heal
Directed by Mian Adnan Ahmad (Pakistan/USA)
- **The Spalding and Jackson Award: In Celebration of Joy**
(sponsored by Marcie Goodman and John C. Williams)
Winter Fugue
Directed by Jadrien Steele (USA)
- **The Best Animated Short Film Award*** (sponsored by Reminger Co., L.P.A.)
Lost and Found
Directed by Philip Hunt (United Kingdom)
- **The Best Documentary Short Film Award** (sponsored by Jules and Fran Belkin)
Home
Matt Faust (USA)
- **The Best Live Action Short Film Award***
(sponsored by Anne Bloomberg and Alan Gordon Lipson & Judy Harris)
Ana's Playground
Directed by Eric D. Howell (USA)
- **The Best Student Short Film Award** (sponsored by Mike and Nicki Cancelliere)
Cigarette Candy
Directed by Lauren Wolkstein (USA)

The Kodak Best Ohio Short Film Award
(sponsored by Kodak Motion Picture Film)

The Beauty of Damage
Directed by Thomas Ball (USA)

The Best Women's Short Film Award
(sponsored by Jinny and John Johnson)
Beast
Lars Arendt (Denmark)

The Best LGBT Short Film Award:
Given in Celebration of the Life of Nikki Babbit
(sponsored by Jamie and Harold Babbit)
Claiming the Title: The Gay Olympics on Trial
Directed by Jonathan Joiner and Robert Martin (USA)

The Best International Short Film Award
(sponsored by Mike and Nicki Cancelliere)
The Devil's Wedding
Directed by Dan Cadan (United Kingdom)

The Programmer's Award
Get Happy
Directed by Mark Payne (USA)

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Dancing with the Muse

Springtime Get Down!

To be read in the style of Murray Saul (God Bless Him!).... that would be loud and out loud!

By Andrea Razavi

Winter, winter, winter begone! My sap runneth over. Now come crocus then cometh clover.... scoobee, doobie, doo... roll me over and over. Dandelions roaring in newly greened lawns. All of them robins singing their songs. Now shout the peepers, now thaw the lakes, uncover the grills, the barbi's and grates. Head for the parks, get mud on your shoes. Springtime has sprung. Say goodbye to the blues.

Yes, the Grand River is thrumming with melt and the steelhead are in the creeks. Yes, the murmur of morels in the moist meadows and underbrush has been heard by hikers on the foot trails. Bluebells await, a trillium dollars worth of eye candy is waiting within view of your footsteps. The bike trails are aching to greet your old ten speed. It's time to rev up. No time for naps. Let me say it again... Spring has arrived and winter's retreat is inevitable.

Look at the stars in the early evening. Orion is dipping low in the Western sky. All the local winery patios have been wiped down and the chairs and tables set out. Le sacre du printemps have erupted on

the sunny sides of each and every muck blessed ravine. The snow is gone and the polite little piles of puppy poop reveal the rebirth that is fragrantly foretelling of well fertilized forage for froggytoads to frolic forth from. The actualization of the ancient allegories altogether defy alliteration as the season's amazing and astrologically driven appetites add a few minutes to the daylight every day.

Boom! Here's the flash of lightning. Crash! Here's the sound of thunder. Now! It's the rain that feeds the leaves and the wind that blows away the memory of long, dismal and gray featureless days. Hark! it sings like a Duane Allman solo. Hard! It's Led Zeppelin's Immigrant Song. Ha! It's "My Sharona" meets Lady Gaga, meets Dave Mathews Band... meets Beethoven's Sixth Symphony.

It the Pan in Pantheism. It's the Rock in Roll. It's the thing that gets you pumping from your hangnails to your soul!

SO... pull out your old tie dye, grab your cousin's guitar

Turn off the Tee - Veee...
Step away from the bar....
It's everything, all the time,
Right now everywhere forever...
Twice!

Can't you feel what Mother Nature's found?

It's shaking up the ground...
Feel those membranes pound...
The muse is stomping and sweating and horny....

She's dancing all around...

Now we gotta

We gotta, gotta, gotta....

godagodagodagodagodagoda....

GET DOWN!
GET DOWN!
GET DOWWWWN.....now!



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Sat, April 17th • 9 p.m.
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Wed, May 5th • 7:30 p.m
Cinco De Mayo Celebration!
Spectator's
Willoughby Hills

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Mick's Pub & Grill
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www.thegirlsband.com

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Fri. April 9th
Sammy K's • 8-12

Sat. April 10th
Wagon Wheel • 9-1

Fri. April 16th
Cowboy • Bainbridge 9-1

Sat. April 17th
Chesterland Tavern • 8:30-11:30
& Spirit of 56 • 12-1,

Tues. April 20th
Outer Banks • Harley NC

April 21st - April 24
Outer Banks • Harley, NC
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Kickin' It COUNTRY

By Andrea Razavi

The 45th Annual Academy of Country Music Awards brings well deserved new talent to the forefront with Zac Brown and Laura Bell Bundy.

On Sunday night, April 18, CBS will broadcast the 45th Annual Academy of Country Music Awards from The MGM Grand Hotel in Las Vegas. Reba McEntire will host the show for the 12th time, a record for any one entertainer. Nominations for entertainer of the year include Toby Keith, Kenny Chesney, Brad Paisley, George Strait, Carrie Underwood, Keith Urban, Taylor Swift and the Zac Brown Band, an incredibly talented tight group of down to earth country.

Kentucky born, Toni Award nominated actress, country singer and songwriter, Laura Bell Bundy, has got it all going on!

On April 18, Sunday night, Laura will perform her terrific and media

timely song Giddy on Up and Giddy on Out. "I have two different sides of my personality," she explains. "I have a crazy, wild, humorous, outspoken personality, and then I have a depth that only opens up when I am alone or with one other person, and that is captured with this album. I really couldn't do one without the other." she originated the lead role of Elle Woods in the Broadway musical *Legally Blonde*, for which she received a Tony Award nomination. She also originated the role of Amber Von Tussle in the Tony Award-winning Broadway musical *Hairspray* and played Glinda in the smash hit



Wicked. Prior to that, she originated the role of Tina Denmark in the successful off-Broadway production *Ruthless, The Musical!* for which she received the Outer-Critics Circle Award and Drama Desk nominations. (Her understudy, Britney Spears, also pursued a recording career.) Her professional career, which began at age nine, includes numerous network TV shows (*Cold Case*, *Veronica Mars*) and touring productions of *Gypsy* (featuring Betty Buckley) and *The Sound of Music* (featuring Marie Osmond). Her movie credits include *Dream Girls*, *Jumanji*, *Life with Mikey* and *The Adventures of Huck Finn*.

Her career in the theatre has been a wonderful life experience that naturally grew along with her original dream of having a music career. Her time on Broadway augmented her pursuit of music, exposed her to a community of talented creatives which helped her become a better writer and performer. Bundy will release her country album *Achin' and Shakin'* on April 13. After moving to New York at 18, she formed a country duo with roommate Amber Rhodes and they wrote and performed songs in various New York clubs. "In the meantime, I got *Hairspray* and *Wicked*, and honestly, that's how I supported myself. people can look at it and go, 'You went from Broadway to doing country,'" she says. "I actually went from the country to Broadway. I'm from Kentucky and I always listened to country music. When I started writing songs, it all came out country."

Laura Bell Bundy will be sporting her six pack abs, chaps and two stepping talents along with her sensational dance moves and vocals on the stage that evening as she performs Giddy on up and Giddy on out. You may want to watch the show, perhaps just for this performance alone.

Flat-pickin', classical guitar lickin', Zac Brown defies country music's conventional pretty boy image with alternative bluegrass style and a knit stocking cap.

The Zac Brown Band. If you have never heard these boys play and sing, then you are missing out on something unique. Their lyrics are varietal: romantic, silly and philosophically laden. These guys can ballad, reggae, countrify and rock and roll all at one time. Zac Brown was raised in Dahlonega, Ga. The former restaurant owner started his music career as a solo artist, but in 2004, he formed the Zac Brown Band with bassist John Hopkins and fiddler Jimmy De Martini; more recent additions are guitarist/organist Coy Bowles and drummer Chris Fryar.

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Averaging more than 200 shows a year, they have sold more than 20,000 CDs independently. The Zac Brown Band won a Grammy for 2010 Best New Artist. They have already landed supporting music roles with Sugarland, ZZ Top, Etta James, Lynyrd Skynyrd, the Allman Brothers Band, Willie Nelson and BB King. Their

third album, *The Foundation* (2008), is on the Live Nation label. The unconventional country star talks about his percussive nylon-string style and his roots in classical and bluegrass. This band is truly sensational. It's seasoned and tightly synchronized players blend the best of symphonic vocals and island beating rhythms, while maintaining a country sound as familiar as the roots it came from. Wearing a knit cap that grandma could have made, the Georgian native brings a multi-talented cast to his band:

MEMBERS:
Zac Brown / Lead Vocals /Guitar, Jimmy De Martini / Violin, Vocals, John Driskell Hopkins / Bass, Vocals, Coy Bowles / Guitar,



Organ, Clay Cook / Guitar, Organ, Mandolin, Pedal Steel and Vocals, Chris Fryar on Drums.

You know that feeling when you hear a song for the first time and everything about it just feels right, well, song after song and melody after melody, they do.

Like some kind of secret Cajun spicy jerk sauce, Zac Brown represents a musical and physical style unlike other chart toppers out there today.

More nominees include: Top Vocal Group nominees - Lady Antebellum, Little Big Town, Randy Rogers, and Rascal Flatts.

Top vocal duos nominated include one of Jewel's Dance Hall entertainers, Joey & Rory, the still united Brooks and Dunn, Montgomery Gentry and Steel Magnolias.

Album of the year nominees are: *American Saturday Night*, Lady Antebellum, *Play On*, Carrie Underwood, Miranda Lambert's *Revolution* and the Zac Brown Band, *Foundation*.

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Thur. Apr. 22:

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Fri. Apr. 23: 6:00 PM

McCarthy's Ale House • Lakewood

Sat. Apr. 24:

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MOVIE REVIEWS

By West Side Steve

Hot Tub Time Machine

MGM • R • 100 min

OK, I'm hip to the reasons this one saw the light of day.

I understand that absurdist comedy has an appeal. Oh, sometimes it gets so outside the box that you wonder where it's coming from but that's part of the fun.

A hot tub that can send you back in time? C'mon.

I get it that dirty words are funny; no doubt. I guess no matter how sophisticated you are the occasional F bomb will cause a chuckle. Bodily functions too; nothing funnier than farts and puke.

Oh yes and a-holes. Young adult males love a-holes, and I mean the jerk kind not the sphincter type. So one or more characters have to be a-holes.

Also you need "rude crude and socially unacceptable" so that said young men will have scenes to relate to friends interspersed by exclamations of "Dude" and "No way!!."

Oh, did I mention naked breasts? Ba da Bing.

So dear friends, this one presented a conundrum for your humble narrator. The crude sloppy often un funny humor annoyed the, ahem, film critic side while the redemption of the a-holes and a few raunchy gags appealed to the beer swilling lout in me. Yeah, yeah the naked women too.

Anyway four guys living unhappy lives are thrown together when one of them attempts suicide. Since he's the closest thing to a friend they have the guys plan a getaway to cheer him up. They take off to a ski resort they loved back in the 80s before life took the downward turn for them all.

Well the place has fallen on hard times just like the old pals and appears just one health department citation away from being condemned. The dispirited fellows hop into an oddly malfunctioning hot tub and bang, they're back in 1986 and about to relive one night that seems to have been the turning

point in their crappy lives.

Hey most of the jokes are more gross than witty but it's not exactly predictable.

I fluctuated between a B- and a D for most of it but left with the impression that it's a mildly entertaining piece of crap. And they wasted the Chevy Chase cameo.

If you liked THE

HANGOVER you'll like HOT TUB TIME MACHINE. Your call gang.

C

How To Train Your Dragon

Dreamworks • PG13 • 98 min

So I admit to being a little hesitant to see this one. Oh, there weren't any big red flags but I'm getting a little bit bored with the flood of over hyped 3-D FX extravaganzas.

But it did sell some tickets and looked more interesting than the TITANS remake so...

First the 3 D. This is one of the better uses of this particular effect though, as always, it's a bad idea to judge a film on looks alone.

At any rate it looks great. I don't mean great as in "I've never seen anything like it" but great as in "State of the art."

One little problem that covers all 3 D flicks is that so far they're shot fairly dark to highlight the FX, but it isn't a deal breaker.

Also here the animated characters are 3D cartoons as opposed to attempted re creations of human beings as in THE POLAR EXPRESS, which I found to be slightly creepy.

So on to what matters; the story.
The setting is a mythical Viking village



**HOT TUB
TIME MACHINE**



**DREAMWORKS
HOW TO TRAIN YOUR
DRAGON**

where the living conditions as well as the inhabitants are tough. To make things

worse the villagers (and their livestock) are regularly raided by dragons, which have resulted in a long-standing feud between the Vikings and the flying lizards.

That makes dragon fighting a cottage industry and a skill to which Hiccup (Jay Baruchel) the nerdy smartass son of the village champion aspires. (Yes, by the way, they did go down the "funny name" route here.) At any rate he's going to need some luck to live up to the old man and to impress teen hottie Astrid.

That lucky break comes by way of a chance encounter and subsequent bonding between Hiccup and an injured dragon. From that bond he gains a deeper understanding of dragons and, well, you can see for yourself.

The action scenes are fun and look great through the plastic specs and the characters are likeable. And the story is one of revelation and understanding not completely unlike AVATAR but without the bloated ego and ham handed political moralizing. And it's a hell of a lot more fun.

Oh you may well ask why ancient Scandinavians have either Scottish or Californian accents but why bother?

Just enjoy yourself, for Odin's sake.

A-

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On The Road Again..

With Tom Todd.

I'm Late! I'm Late! I'm Late! I'm Late! I'm Late!
Doggone it, I'm Late! I'm Late! I'm Late!

Seems like I'm always late! Maybe it's a musician thing. I used to get so mad at other band members when they were late. Then, next time, I'd be the tardy one. (Of course, with me, there was always a legitimate reason: Car blew up. Or earthquake. Or I had to stop and get some French fries at McDonald's, etc.) The rest of the band would have to sit around and twiddle their thumbs because a band is a 'team' and all the players have to be there to make the sound. So you'd think musicians would be the most punctual people in the world. But, sadly, that is not the case. They're among the worst. There are some professions where it would be *very, very* bad to be late: Fireman springs to mind. Also drawbridge operator, or astronaut, or the person who makes the French fries at McDonald's. All very necessary, very crucial people. And they all seem to get to work on time, no problem. So I thought I'd analyze one day of my life and try to learn just what it is I'm doing wrong.

Before the gig: I'm watching the Flintstones on TV. I know precisely what time I have to start to get ready for the gig. But during this particular episode, Pebbles is

lost, and I'm concerned, and it is just not possible to turn the TV off until this emergency is resolved. (Turns out she was with Dino in his dog house. Whew!) **Blame: the TV.** So off I race to the shower. But there's no towel! I have to go back to the closet and get one, which takes about 11 seconds, so now I'm *really* late. **Blame: the wife (or Mom if you still live at home)**

In the shower, you know you are already late, and there are decisions to be made: "Do I wash *this*?" And, "That hasn't been washed in a few weeks, better wash it!" Then, "I can skip washing *the other*, who'll know??" You have to make sacrifices to stay on schedule! **Blame: dirt.** Still in the bathroom, there are other short cuts you can take. Ever try to blow dry your hair and brush your teeth at the same time? Actually, I believe that if I could duct tape my toothbrush to the faucet, I could brush, blow dry and clip my toenails all at the same time! **Blame: Today's lack of bathroom technology.**

Into the car now, and zoom out the driveway. And then into the neighbor's

driveway, turn around, and zoom back into my own driveway, because I forgot my @#\$\$%&* guitar! Plus the gas gage is reading "fumes only." **Blame: the car.** On the highway now, and still trying desperately to make up some time. Big question: How many mph *over* the speed limit can I go? 5? 10? I carefully put my speedometer at exactly 11 mph over the limit. Then some cop nonchalantly cruises by, no lights or siren on, and passes me up going easily 20 mph *faster than me*. What the heck?!?! Then I have to stop at a traffic light for 27 seconds. **Blame: traffic.** Finally I get to the gig. Frantic set up. Stub my toe, smash my fingers. No time for a sound check. No time to tune up. 30 seconds in the restroom, then it's SHOW TIME!

Blame...now wait a minute. Let me just pause here a moment, use my head, try thinking logically for once, and figure this out. Wouldn't it be much better, much safer, and much more relaxing to get ready for the gig really *early*?? I could relax on the way, cruise into the gig way ahead of time, have a leisurely set up, mingle with the audience, have a beverage, enjoy life and stop to smell the roses.Naaahhhh!

TOM TODD



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Sat, April 10 • 8:00 - 11:00
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Sun, April 11 • 4:30 - 7:30
Old Mill Winery • OPEN MIC

Tues, April 13 • 7:00 - 8:00
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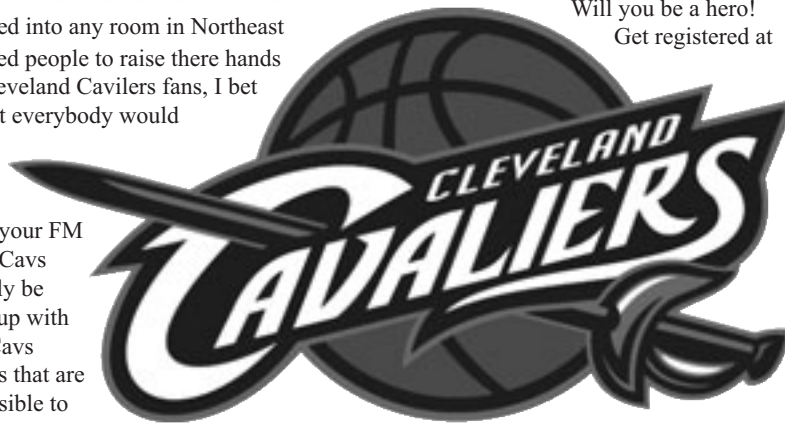
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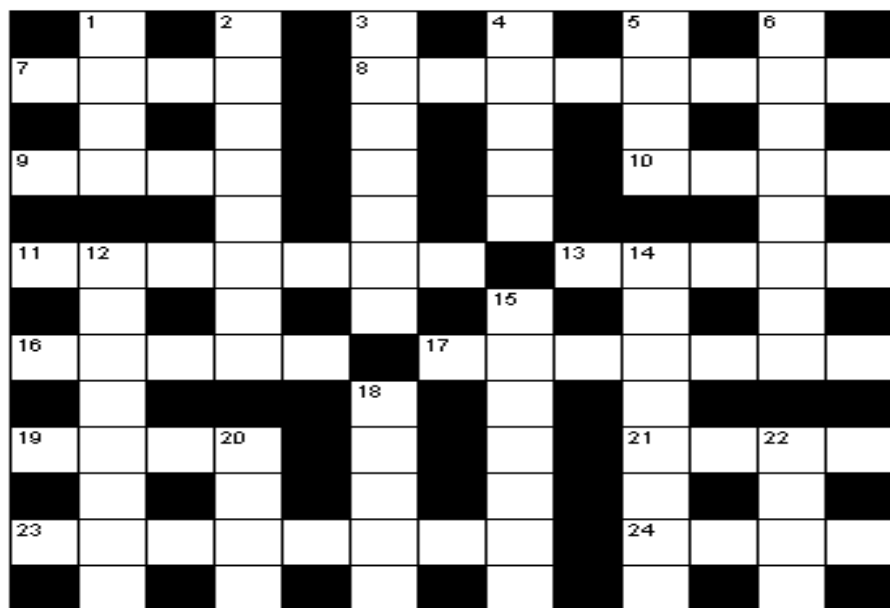


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Themed Crossword - 13

**Across**

7. Caprine animal (4)
 8. Five-toed pachyderm (8)
 9. Slender gull with forked tail (4)
 10. Small brown bird (4)
 11. African flightless bird (7)
 13. Wading bird (5)
 16. Supernatural woodland creature (5)
 17. Small songbirds (7)
 19. Large edible fish (4)
 21. Rodents (4)
 23. Egg-laying mammal (8)
 24. Type of whale (4)

Down

1. Emblem of peace (4)
 2. Venomous aquatic creature (8)
 3. Showy fowl (7)
 4. African equine (5)
 5. Breed of dog with bushy tail (4)
 6. Graceful ruminant (8)
 12. Aquatic birds (8)
 14. Edible snail (8)
 15. Female wild feline (7)
 18. Large aquatic rodent (5)
 20. Colony insects (4)
 22. Small parasite (4)



From the Deep, Cavernous Mind of

SNARP FARKLE*Just A Thought!*

Thinking is something we do about 70,000 times a day, (so we're told), and thoughts travel at the rate of... well there seems to be a controversy over how fast our thoughts travel. Let's investigate, shall we?

The PHDuds, (that's a PHD that can't think outside the box); say nothing can travel faster than the speed of light. Then they go into great detail how the brain processes thought, making the assumption that thoughts are biologically based.

The PHDudes, (that's a PHD that CAN think outside the box... sometimes); say thoughts CAN travel faster than the speed of light. Then they go into great detail how the sun takes 8.6 seconds to reach the earth but we can think of the sunlight reaching the earth in a fraction of a second, so thoughts are faster.

The PHDuds hammer at the PHDudes logic until the PHDude just climbs back into the box and concedes defeat. PUSSYS!

Here's some Snarp Logic on this whole thing. You can take a nerve cell out of a man's brain and put it in my hand, and please don't, but you cannot take a thought out of a man's brain and put it in my hand.

The brain is just a vessel that collects the thought and determines how to process it. The brain's processing procedure of the thought is not the thought, the thought came first!

Sooooo... thoughts are not biological, and

cannot be compared using the same logic as used in the measurement of the speed of light... PERIOD!

Now all you PHDuds and PHDudes can just climb back into your little box, and here's some duct tape, let me just seal that thing up for you!

And while you're in there think about this; the words moron, imbecile, and idiot are not interchangeable. However the one with the highest level of intelligence is a moron, followed, by an imbecile, and then an idiot, take your pick!

Sheesh... and these are the kind of guys that are teaching our youth? God help us!

As you may be able to tell this is a pet peeve of mine. I like thinking, and no matter how hard I might try I cannot stop thinking, and neither can you! We even think in our sleep!

So in order to be able to say to someone... "I have a thought!" would mean that you somehow managed to reach in to that collection of 70,000 "+" thoughts, moving FASTER than the speed of light, and picked one out!

I have a hard time picking out something to wear when I go out... it could take hours! But if I have a thought then that means... I'm a friggen genius! Woohoo!

Here's some more Snarp Logic for you. You cannot think that you are thinking! If you think that you are thinking, you really only think that you're thinking!

And you cannot know that you are thinking about thinking, because if you think you know that you are thinking about thinking, aren't you really just thinking you know that you are thinking about thinking?

See, that just goes to show you, it's never too late to learn something stupid, and if stupidity got us into this mess... Well then why can't it get us out?

~Snarp
www.foggyblog.com

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1st Annual Corn Hole Tournament

Wednesdays, April 7th, 21st, May 5th & 19th

YOU DO NOT HAVE TO COMPETE IN ALL THREE TOURNAMENTS. The top three teams each week will compete in our "Super Hole" tournament on May 19th. The cost is \$20 per team EACH WEEK. Prizes awarded each week. Two members per team. Teams need to pre-register by calling 440-466-3485.

Beer on the Vine - Beer and Food Festival

Friday, April 23rd * 7-10 p.m.

BREWERIES INCLUDE: Cellar Rats Brewery - Madison; Cornerstone Brewing Company - Madison; Fat Heads Brewery - North Olmstead; Willoughby Brewing Company - Willoughby. Cellar tours of Cellar Rats Brewery and DeBonné Vineyards Wine Cellar and Bottling Facility. \$16 at the door - \$13 pre-sale. Includes 12 samples of beer along with food pairing. Every patron receives a commemorative tasting glass.

Talk with the brewers themselves about their hand crafted products. Live music starting at 7 p.m. by Nick Zuber. Call the winery at 440-466-3485 to order your tickets in advance.

Normal Business Hours: Monday & Tuesday Noon-6 p.m.; Wednesday & Friday Noon-11 p.m.; Thursday & Saturday Noon-8 p.m.; Sunday 1-6 p.m.

LIVE ENTERTAINMENT FEATURING:

Fri., April 9th-Legacy
Sat., April 10th-Hatriek
Sun., April 11th-Larry Smith
Fri., April 16th-Joey Vanilli
Sat., April 17th-Whooz Playin
Sun., April 18th-Tom Todd
Fri., April 23rd-Nick Zuber
Sat., April 24th-Joey Vanilli
Sun., April 25th-Cora & Cami
Fri., April 30th-Legacy
Sat., May 1st-2 Much Fun
Sun., May 2nd-Larry Smith

*Entertainment plays on
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Saturday from 3:30-7:30 p.m.
Sunday 2:30-5:30 p.m.*

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Wine Country Progressive Dinner • April 16th • 6:30 p.m.

The evening begins at Grand River Cellars with appetizer & salad, then to DeBonné Vineyards for the main entrée, and finish with dessert at South River Vineyard. Our wine maker will pair each of the courses with his choice of wines. Reservations required. \$47.50 per person which includes wine pairing with each entrée, gratuity and tax.

Around the World in the Grand River Valley Wine Region

A Wine & Food Pairing Event, Saturday, April 24th • Noon - 5 p.m.
Go to our website for more information about this awesome event.

JOIN US FOR LIVE MUSIC EVERY FRIDAY, SATURDAY, & SUNDAY.

Friday, April 9th
Next Best Thing (Light Rock)
Saturday, April 10th
Blues de Ville (Rockin Blues)
Sunday, April 11th
Akin for Jazz

Friday, April 16th
Trilogy (Rock n Roll)
Saturday, April 17th
Light of Day (Motown)
Sunday, April 18th
Dober, Carey, & Smith Jazz Trio

Friday, April 23rd
Castaways (Rock n Roll)
Saturday, April 24th
Baconcake (Rock)

*Music plays Friday & Saturday from
7:30-10:30 p.m. & Sunday from 4-7.*